




# AUG-SEPT 2018 MIDDLE & H.S. BREAKFAST



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>WELCOME BACK!</b> 				<b>29</b> <u>GR. K-6 &amp; 9 /K-5 CHINA</u>	<b>30</b> <u>ALL STUDENTS</u>		<b>31</b>		
CEREAL & TOAST		<u>YOGURT/FRUIT SMOOTHIES</u> <u>YOGURT/FRUIT PARFAITS</u> <u>GRAB'N GO</u> <u>OFFERED DAILY!</u>		ASSORTED WG BAGELS WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES		BREAKFAST SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES		BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
<b>3</b>	NO SCHOOL TODAY!  LABOR DAY!	<b>4</b>	WAFFLE STICKS W/SYRUP FRUIT, JUICE AND MILK CHOICES	<b>5</b>	BREAKFAST PIZZA WITH BACON, EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES	<b>6</b>	CHEESE OMELETTE WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES	<b>7</b>	BREAKFAST SANDWICH W/HAM, EGG & CHEESE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
<b>10</b>	ASSORTEDE WG BAGELS WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	<b>11</b>	BREAKFAST BURRITO WITH EGG, HAM AND CHEESE FRUIT, JUICE AND MILK CHOICES	<b>12</b>	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	<b>13</b>	STUFFED FRENCH TOAST CASSEROLE W/SYRUP FRUIT, JUICE AND MILK CHOICES	<b>14</b>	WHOLE GRAIN BLUEBERRY MUFFIN FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
<b>17</b>	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	<b>18</b>	CHEESE OMELETTE WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES	<b>19</b>	BREAKFAST PIZZA WITH BACON, EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES	<b>20</b>	BREAKFAST SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES	<b>21</b>	WG CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
<b>24</b>	WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	<b>25</b> <u>EARLY RELEASE DAY!</u>	SCRAMBLED EGGS, SAUSAGE AND TOAST FRUIT, JUICE AND MILK CHOICES	<b>26</b>	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	<b>27</b>	WG WAFFLE STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	<b>28</b>	WG PUMPKIN MUFFIN FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or [bbonnell@rsu18.org](mailto:bbonnell@rsu18.org)

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