


AUG-SEPT 2018 MIDDLE-H.S. LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>DELI SANDWICH BAR EXPRESS SALADS A-LA-CART CHOICES OFFERED DAILY!</p>		<p>29 FRESH BAKED PIZZA W/ASST. TOPPINGS CAESAR SALAD, CARROT & CELERY STICKS/DIP, FRUITS MILK CHOICES</p>	<p>30 TACO BOATS MEXICAN RICE CORN, BLACK BEANS FRUIT CHOICES MILK CHOICES</p>	<p>31 CHICKENBURGER BAKED BEANS ASSORTED FRESH VEGGIE ASSORTED FRUITS MILK CHOICES</p>
		TURKEY & CHEESE SANDWICH	HAM SALAD ROLL	SUNBUTTER & JELLY SAND.
<p>3 NO SCHOOL TODAY! LABOR DAY!</p>	<p>4 SPAGHETI WITH MEAT SAUCE, GARLIC ROLL TOSSED GARDEN SALAD FRUIT CHOICES MILK CHOICES</p>	<p>5 CHICKEN QUESADILLA MEXICAN RICE, BLK BEANS TOSSED GARDEN SALAD ASSORTED FRUITS MILK CHOICES</p>	<p>6 SHEPHERD'S PIE WG DINNER ROLL ASSORTED VEGETABLES FRUIT CHOICES MILK CHOICES</p>	<p>7 GARLIC DIPPING STICKS WITH MARINARA BAKED BEANS, ASSORTED VEGGIES AND FRUITS MILK CHOICES</p>
SUNBUTTER & JELLY SAND.	CHICKEN SALAD ROLL	TURKEY & CHEESE SANDWICH	HAM SALAD ROLL	SUNBUTTER & JELLY SAND.
<p>10 HOT DOG IN A BUN FRENCH FRIES, BAKED BEANS ASSORTED VEGGIES W/DIP ASSORTED FRUITS MILK CHOICES</p>	<p>11 CHEESEBURGER TOSSED GARDEN SALAD STEAMED BROCCOLI ASSORTED FRUITS MILK CHOICES</p>	<p>12 CHICKEN NUGGETS & FRENCH FRIES, WG ROLL ASSORTED VEGGIES ASSORTED FRUITS MILK CHOICES</p>	<p>13 PULLED PORK SUB TOSSED SALAD ASSORTED FRUITS CHOCOLATE PUDDING MILK CHOICES</p>	<p>14 PIZZA SLICES W/TOPPINGS, BAKED BEANS CAESAR SALAD FRUIT CHOICES MILK CHOICES</p>
SUNBUTTER & JELLY SAND.	CHICKEN SALAD ROLL	TURKEY & CHEESE SANDWICH	HAM SALAD ROLL	SUNBUTTER & JELLY SAND.
<p>17 AMERICAN CHOP SUEY WG GARLIC ROLL ASSORTED VEGGIES W/DIP FRESH & CANNED FRUITS MILK CHOICES</p>	<p>18 FISH NUGGETS AND MASHED POTATO, WG ROLL CARROT STICKS ASSORTED FRUITS MILK CHOICES</p>	<p>19 RODEO BURGER TOSSED GARDEN SALAD ASSORTED VEGGIES FRUIT CHOICES MILK CHOICES</p>	<p>20 CHICKEN A-LA-KING WG ROLL CAESAR SALAD FRUIT CHOICES MILK CHOICES</p>	<p>21 GARLIC DIPPING STICKS WITH MARINARA TOSSED GARDEN SALAD FRUIT CHOICES MILK CHOICES</p>
SUNBUTTER & JELLY SAND.	CHICKEN SALAD ROLL	TURKEY & CHEESE SANDWICH	HAM SALAD ROLL	SUNBUTTER & JELLY SAND.
<p>24 MEATBALL SUB WITH CHEESE ASSORTED VEGGIES W/DIP ASSORTED FRUITS MILK CHOICES</p>	<p>25 EARLY RELEASE TODAY! PULLED PORK SUB ASSORTED VEGGIES ASSORTED FRUITS MILK CHOICES</p>	<p>26 CHEESEBURGER SUB TOSSED GARDEN SALAD ASSORTED FRUITS CHOCOLATE CHIP COOKIE MILK CHOICES</p>	<p>27 PIZZA CASSEROLE WITH GARLIC BREAD ASSORTED VEGETABLES FRUIT CHOICES MILK CHOICES</p>	<p>28 PIZZA SLICES W/TOPPINGS, BAKED BEANS ASSORTED FRESH VEGGIE ASSORTED FRUITS MILK CHOICES</p>
SUNBUTTER & JELLY SAND.	CHICKEN SALAD ROLL	TURKEY & CHEESE SANDWICH	HAM SALAD ROLL	SUNBUTTER & JELLY SAND.

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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