



# OCTOBER 2018 ELEMENTARY LUNCH



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>1</b>	FISH BITES MASHED POTATOES ROLL, ASSORTED FRESH VEGGIES & FRUITS MILK CHOICES	<b>2</b>	CHEESEBURGER SUB TOSSED GARDEN SALAD PEAS, PINEAPPLE CHUNKS FRESH FRUIT CHOICES MILK CHOICES	<b>3</b>	PIZZA CASSEROLE GARLIC TOAST GREEN BEANS, FRUIT & VEGGIE SALAD BAR MILK CHOICES	<b>4</b>	GARLIC DIPPING STICKS WITH RED SAUCE BAKED BEANS, FRESH VEGGIE STICKS, ASSORTED FRUITS MILK CHOICES	<b>5</b> <b><u>NO SCHOOL TODAY!</u></b>  <b><u>TEACHER INSERVICE DAY!</u></b>	
SUNBUTTER & JELLY SAND.		CHICKEN SALAD ROLL		TURKEY & CHEESE SANDWICH		HAM SALAD ROLL		SUNBUTTER & JELLY SAND.	
<b>8</b>	<b><u>NO SCHOOL TODAY!</u></b>  <b><u>COLUMBUS DAY!</u></b>	<b>9</b>	CHICKEN CORDON BLEU CASSEROLE WITH ROLL TOSSED GARDEN SALAD FRUIT & VEGGIE CHOICES MILK CHOICES	<b>10</b>	CHICKEN BURGER PASTA SALAD TOSSED GARDEN SALAD ASSORTED FRUIT & VEGGIES MILK CHOICES	<b>11</b>	SHEPHERD'S PIE WG DINNER ROLL ASSORTED VEGETABLES FRUIT CHOICES MILK CHOICES	<b>12</b> PIZZA SLICES WITH ASSORTED TOPPINGS BAKED BEANS, ASSORTED VEGGIES AND FRUITS MILK CHOICES	
SUNBUTTER & JELLY SAND.		CHICKEN SALAD ROLL		TURKEY & CHEESE SANDWICH		HAM SALAD ROLL		SUNBUTTER & JELLY SAND.	
<b>15</b>	CHICKEN TERIYAKI VEGGIE FRIED RICE ASSORTED VEGGIES W/DIP ASSORTED FRUITS MILK CHOICES	<b>16</b>	CHICKEN LO MEIN WITH EGG ROLL, CARROTS AND BROCCOLI, FORTUNE COOKIE, ASSORTED FRUITS MILK CHOICES	<b>17</b>	RODEO BURGER BAKED BEANS TOSSED GARDEN SALAD ASSORTED FRUIT & VEGGIES MILK CHOICES	<b>18</b>	CHICKEN NUGGETS & SWEET POTATO FRIES ASSORTED FRUIT & VEGGIES CHOCOLATE PUDDING MILK CHOICES	<b>19</b> PERSONAL PAN PIZZA W/TOPPINGS, VEGGIES & DIP CAESAR SALAD FRUIT CHOICES MILK CHOICES	
SUNBUTTER & JELLY SAND.		CHICKEN SALAD ROLL		TURKEY & CHEESE SANDWICH		HAM SALAD ROLL		SUNBUTTER & JELLY SAND.	
<b>22</b>	SPAGHETTI WITH MEAT SAUCE, GARLIC ROLL ASSORTED VEGGIES W/DIP FRESH & CANNED FRUITS MILK CHOICES	<b>23</b>	TOMATO SOUP W/GOLDFISH, GRILLED CHEESE STEAMED BROCCOLI ASSORTED FRUITS MILK CHOICES	<b>24</b>	SOFT-SHELLED TACOS MEXICAN RICE ASSORTED VEGGIES FRUIT CHOICES MILK CHOICES	<b>25</b>	BBQ PULLED PORK SUBS COLESLAW FRUIT & VEGGIE CHOICES MILK CHOICES	<b>26</b> GARLIC DIPPING STICKS WITH MARINARA TOSSED GARDEN SALAD FRUIT CHOICES MILK CHOICES	
SUNBUTTER & JELLY SAND.		CHICKEN SALAD ROLL		TURKEY & CHEESE SANDWICH		HAM SALAD ROLL		SUNBUTTER & JELLY SAND.	
<b>29</b>	CHICKEN QUESADILLA MEXICAN RICE ASSORTED VEGGIES W/DIP ASSORTED FRUITS MILK CHOICES	<b>30</b>	ROTINI MAC & CHEESE FISH STICKS ASSORTED VEGGIES ASSORTED FRUITS MILK CHOICES	<b>31</b>	CHEESEBURGER SUB TOSSED GARDEN SALAD ASSORTED FRUITS CHOCOLATE CHIP COOKIE MILK CHOICES				
SUNBUTTER & JELLY SAND.		CHICKEN SALAD ROLL		TURKEY & CHEESE SANDWICH		HAM SALAD ROLL		SUNBUTTER & JELLY SAND.	

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or [bbonnell@rsu18.org](mailto:bbonnell@rsu18.org)

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