

# JANUARY 2019 ELEMENTARY BREAKFAST

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		<b>2</b> FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES		<b>3</b> BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES		<b>4</b> WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES		CEREAL & TOAST	
<b>7</b> WG WAFFLE STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES		<b>8</b> WHOLE GRAIN PUMPKIN MUFFINS FRUIT, JUICE AND MILK CHOICES		<b>9</b> CHEESE OMELETTE WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES		<b>10</b> BREAKFAST PIZZA WITH BACON, EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES		<b>11</b> WG CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
<b>14</b> WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES		<b>15</b> CHEESEY SCRAMBLED EGGS WITH HAM & TOAST FRUIT, JUICE AND MILK CHOICES		<b>16</b> BREAKFAST PIZZA WITH BACON, EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES		<b>17</b> FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES		<b>18</b> BLUEBERRY MUFFIN FRUIT, JUICE AND MILK CHOICES	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
<b>21</b> <u>MARTIN L. KING JR DAY</u>  <u>NO SCHOOL!</u>		<b>22</b> <u>TEACHER INSERVICE</u>  <u>NO SCHOOL!</u>		<b>23</b> BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES		<b>24</b> YOGURT, FRUIT & GRANOLA PARFAIT FRUIT, JUICE AND MILK CHOICES		<b>25</b> ASSORTED BAGELS WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
<b>28</b> FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES		<b>29</b> BREAKFAST BURRITO WITH HAM & CHEESE FRUIT, JUICE AND MILK CHOICES		<b>30</b> RASPBERRY COFFEE CAKE FRUIT & JUICE MILK CHOICES		<b>31</b> BREAKFAST SANDWICH WITH EGG, HAM AND CHEESE FRUIT, JUICE AND MILK CHOICES			
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST			

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or [bbonnell@rsu18.org](mailto:bbonnell@rsu18.org)

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