



JANUARY 2019 JR & SR LUNCH



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<u>DELI SANDWICH BAR</u> <u>EXPRESS SALADS</u> <u>OFFERED DAILY!</u>				2 CHEESEBURGER ON WG ROLL, CORN, CARROT STICKS FRUIT CHOICES MILK CHOICES		3 BBQ PULLED PORK SUB COLESLAW, BAKED BEANS GREEN BEANS ASSORTED FRUITS MILK CHOICES		4 PIZZA WITH ASSORTED TOPPINGS, STEAMED BROCCOLI, VEGGIE STICKS ASSORTED FRUITS MILK CHOICES	
7 SHEPHERD'S PIE WHOLE GRAIN ROLL BUTTERED CARROTS FRESH & CANNED FRUITS MILK CHOICES		8 CHICKEN QUESADILLA MEXICAN RICE, CORN CARROT STICKS MANDARIN ORANGES MILK CHOICES		9 CORN CHOWDER WITH GRILLED CHEESE SANDWICH TOSSED SALAD, CARROTS ASSORTED FRUIT & VEGGIES MILK CHOICES		10 ROAST PORK W/GRAVY MASHED POTATO, ROLL PEAS, CELERY STICKS APPLESAUCE, FRESH FRUIT MILK CHOICES		11 GARLIC DIPPING STICKS WITH RED SAUCE ASSORTED VEGGIE STICKS BAKED BEANS, FRUITS MILK CHOICES	
14 CHICKENBURGER CELERY STICKS MAPLE BAKED SQUASH FRUIT & VEGGIE BAR MILK CHOICES		15 PIZZA CASSEROLE GARLIC TOAST, SALAD PICKLED BEETS FRUIT & VEGGIE CHOICES MILK CHOICES		16 BBQ CHICKEN SUBS CORN, VEGGIE STICKS WITH DIP ASSORTED FRUIT & VEGGIES MILK CHOICES		17 CHICKEN TACO BOATS MEXICAN RICE ASSORTED VEGGIES FRESH & CANNED FRUITS MILK CHOICES		18 HAWAIIAN PIZZA BAKED BEANS, CUCUMBER SLICES, FRUIT AND APPLE CRISP MILK CHOICES	
21 <u>MARTIN LUTHER KING JR DAY</u> <u>NO SCHOOL TODAY!</u>		22 <u>TEACHER INSERVICE DAY</u> <u>NO SCHOOL TODAY!</u>		23 CHICKEN NUGGETS & OVEN FRIES, ROLL COLESLAW, CARROT STICKS ASSORTED FRUITS MILK CHOICES		24 CHICKEN CORDON BLEU CASSEROLE, WG ROLL TOSSED SALAD, BROCCOLI ASSORTED FRUITS MILK CHOICES		25 GARLIC DIPPING STICKS WITH RED SAUCE ASSORTED VEGGIE STICKS BAKED BEANS, FRUITS MILK CHOICES	
28 RODEO BURGER SWEET POTATO FRIES CORN, BAKED BEANS FRESH & CANNED FRUITS MILK CHOICES		29 TOMATO SOUP W/ GOLDFISH, GRILLED CHEESE ASSORTED VEGGIES FRESH & CANNED FRUITS MILK CHOICES		30 MEATBALL SUB WITH CHEESE ASSORTED FRUITS AND VEGGIE BAR MILK CHOICES		31 HOT TURKEY SANDWICH TOSSED GARDEN SALAD GREEN BEANS FRESH & CANNED FRUITS MILK CHOICES			

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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