








APRIL 2019 MIDDLE & HIGH SCHOOL BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 PANCAKE & SAUSAGE ON A STICK FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	2 BREAKFAST SANDWICH FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	3 FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	4 BREAKFAST BURRITO FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	5 BAGEL W/CREAM CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
8 FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	9 SCRAMBLED EGGS, SAUSAGE HOME FRIES & TOAST FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	10 BREAKFAST SANDWICH WITH HAM, EGGS & CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	11 CHEESE OMELET WITH SAUSAGE PATTY & TOAST FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	12 <u>NO SCHOOL TODAY</u>
15 	16 	17 	18 	
22 WAFFLE STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	23 BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	24 BREAKFAST SANDWICH WITH HAM, EGG & CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	25 BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	26 FRESH BAKED CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
29 FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	30 <u>EARLY RELEASE DAY!</u> WG CHOCOLATE CHIP MUFFIN FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST			<u>FRUIT SMOOTHIES,</u> <u>YOGURT PARFAITS</u> <u>GRAB N' GO BREAKFAST</u> <u>SERVED DAILY!</u>

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER!