



MAY 2019 JR-SR BREAKFAST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>YOGURT SMOOTHIES YOGURT PARFAITS GRAB N GO AVAILABLE DAILY!</p>		<p>1 RASPBERRY COFFEE BREAKFAST CAKE FRUIT, JUICE AND MILK CHOICES</p>	<p>2 BREAKFAST SANDWICH FRUIT, JUICE AND MILK CHOICES</p>	<p>3 BAGEL W/CREAM CHEESE FRUIT, JUICE AND MILK CHOICES</p>
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
<p>6 FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES</p>	<p>7 SCRAMBLED EGGS, SAUSAGE HOME FRIES & TOAST FRUIT, JUICE AND MILK CHOICES</p>	<p>8 FRESH BAKED CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES</p>	<p>9 BREAKFAST BURRITO WITH SAUSAGE & CHEESE FRUIT, JUICE AND MILK CHOICES</p>	<p>10 YOGURT PARFAITS WITH FRUIT & GRANOLA FRUIT, JUICE AND MILK CHOICES</p>
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
<p>13 GRIDDLE CAKE SANDWICH FRUIT, JUICE AND MILK CHOICES</p>	<p>14 BAGEL W/CREAM CHEESE FRUIT, JUICE AND MILK CHOICES</p>	<p>15 WAFFLE STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES</p>	<p>16 CHEESE OMELETTE WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES</p>	<p>17 YOGURT PARFAITS WITH FRUIT & GRANOLA FRUIT, JUICE AND MILK CHOICES</p>
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
<p>20 PANCAKE & SAUSAGE ON A STICK WITH SYRUP FRUIT, JUICE AND MILK CHOICES</p>	<p>21 EARLY RELEASE TODAY! WG BLUEBERRY MUFFIN FRUIT, JUICE AND MILK CHOICES</p>	<p>22 BREAKFAST SANDWICH WITH HAM, EGG & CHEESE FRUIT, JUICE AND MILK CHOICES</p>	<p>23 BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES</p>	<p>24 FRESH BAKED CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES</p>
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
<p>27 NO SCHOOL TODAY! MEMORIAL DAY!</p>	<p>28 FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES</p>	<p>29 SCRAMBLED EGGS, SAUSAGE HOME FRIES & TOAST FRUIT, JUICE AND MILK CHOICES</p>	<p>30 BAGEL W/CREAM CHEESE FRUIT, JUICE AND MILK CHOICES</p>	<p>31 WG CHOCOLATE CHIP MUFFIN FRUIT, JUICE AND MILK CHOICES</p>
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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