

AUG-SEPT 2019 MIDDLE & HIGH SCHOOL LUNCH

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<p><u>WELCOME BACK!</u></p> <p><u>DELI SANDWICH BAR</u> <u>EXPRESS SALADS</u> <u>OFFERED DAILY!</u></p>				<p>28 PIZZA SLICES WITH ASSORTED TOPPINGS CAESAR SALAD, CARROT & CELERY STICKS/DIP, FRUITS MILK CHOICES</p>		<p>29 TACO BOATS MEXICAN RICE CORN, BLACK BEANS FRUIT AND VEGETABLE BAR MILK CHOICES</p>		<p>30 CHICKENBURGER BAKED BEANS ASSORTED FRESH VEGGIES FRESH & CANNED FRUITS MILK CHOICES</p>	
<p>2 <u>NO SCHOOL TODAY!</u></p> <p>LABOR DAY</p>		<p>3 SPAGHETTI WITH MEAT SAUCE, GARLIC ROLL TOSSED GARDEN SALAD FRUIT AND VEGETABLE BAR MILK CHOICES</p>		<p>4 CHICKEN QUESADILLA MEXICAN RICE, BLK BEANS TOSSED GARDEN SALAD FRUIT AND VEGETABLE BAR MILK CHOICES</p>		<p>5 SHEPHERD'S PIE WG DINNER ROLL ASSORTED VEGETABLES FRUIT CHOICES MILK CHOICES</p>		<p>6 GARLIC DIPPING STICKS WITH MARINARA BAKED BEANS, ASSORTED VEGGIES AND FRUITS MILK CHOICES</p>	
<p>9 HOT DOG IN A BUN FRENCH FRIES, BAKED BEANS ASSORTED VEGGIES W/DIP ASSORTED FRUITS MILK CHOICES</p>		<p>10 CHEESEBURGER TOSSED GARDEN SALAD STEAMED BROCCOLI ASSORTED FRUITS MILK CHOICES</p>		<p>11 CHICKEN NUGGETS & FRENCH FRIES, WG ROLL ASSORTED VEGGIES ASSORTED FRUITS MILK CHOICES</p>		<p>12 ROAST PORK & GRAVY MASHED POTATO, WG ROLL TOSSED SALAD, SQUASH ASSORTED FRUITS MILK CHOICES</p>		<p>13 PIZZA SLICES W/TOPPINGS, BAKED BEANS CAESAR SALAD FRUIT AND VEGETABLE BAR MILK CHOICES</p>	
<p>16 AMERICAN CHOP SUEY WG GARLIC ROLL ASSORTED VEGGIES W/DIP FRESH & CANNED FRUITS MILK CHOICES</p>		<p>17 <u>EARLY RELEASE TODAY!</u> PULLED PORK SUBS ASSORTED VEGGIES ASSORTED FRUITS MILK CHOICES</p>		<p>18 RODEO BURGER TOSSED GARDEN SALAD ASSORTED VEGGIES FRUIT CHOICES MILK CHOICES</p>		<p>19 CHICKEN A-LA-KING OVER A BISCUIT CAESAR SALAD FRUIT CHOICES MILK CHOICES</p>		<p>20 GARLIC DIPPING STICKS WITH MARINARA TOSSED GARDEN SALAD FRUIT AND VEGETABLE BAR MILK CHOICES</p>	
<p>23 MEATBALL SUB WITH CHEESE ASSORTED VEGGIES W/DIP ASSORTED FRUITS MILK CHOICES</p>		<p>24 FISH NUGGETS AND MASHED POTATO, WG ROLL CARROT STICKS FRUIT AND VEGETABLE BAR MILK CHOICES</p>		<p>25 CHEESEBURGER SUB TOSSED GARDEN SALAD ASSORTED FRUITS CHOCOLATE CHIP COOKIE MILK CHOICES</p>		<p>26 PIZZA CASSEROLE WITH GARLIC BREAD ASSORTED VEGETABLES FRUIT CHOICES MILK CHOICES</p>		<p>27 PIZZA SLICES W/TOPPINGS, BAKED BEANS ASSORTED FRESH VEGGIE ASSORTED FRUITS MILK CHOICES</p>	
<p>30 BAKED CHICKEN GARLIC MASHED POTATO WG. ROLL, CUCUMBERS HOT CARROTS, ASST. FRUITS MILK CHOICES</p>									

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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