





OCTOBER 2019 ELEMENTARY LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 SUNBUTTER & JELLY SAND.	1 CHEESEBURGER SUB TOSSED GARDEN SALAD PEAS, PINEAPPLE CHUNKS FRESH FRUIT CHOICES MILK CHOICES	2 AMERICAN CHOP SUEY GARLIC TOAST GREEN BEANS, FRUIT & VEGGIE SALAD BAR MILK CHOICES	3 CHICKEN NACHOS WITH SALSA & SOUR CREAM BAKED BEANS, FRESH VEGGIE STICKS, ASSORTED FRUITS MILK CHOICES	4 PIZZA SLICES WITH ASSORTED TOPPINGS BAKED BEANS, ASSORTED VEGGIES AND FRUITS MILK CHOICES
7 SHEPHERD'S PIE WG DINNER ROLL ASSORTED VEGGIES W/DIP ASSORTED FRUITS MILK CHOICES SUNBUTTER & JELLY SAND.	8 CHICKEN CORDON BLEU CASSEROLE WITH ROLL TOSSED GARDEN SALAD FRUIT & VEGGIE CHOICES MILK CHOICES CHICKEN SALAD ROLL	9 CHICKEN BURGER PASTA SALAD TOSSED GARDEN SALAD ASSORTED FRUIT & VEGGIES MILK CHOICES TURKEY & CHEESE SANDWICH	10 CHICKEN TERIYAKI VEGGIE FRIED RICE ASSORTED VEGETABLES FRUIT CHOICES MILK CHOICES HAM SALAD ROLL	11 <u>NO SCHOOL TODAY!</u> SUNBUTTER & JELLY SAND.
14 <u>NO SCHOOL TODAY!</u> <u>HOLIDAY!</u> SUNBUTTER & JELLY SAND.	15 HOT HAM AND CHEESE CROISSANT, CARROT STICKS AND BROCCOLI, CANNED AND FRESH FRUITS MILK CHOICES CHICKEN SALAD ROLL	16 RODEO BURGER BAKED BEANS TOSSED GARDEN SALAD ASSORTED FRUIT & VEGGIES MILK CHOICES TURKEY & CHEESE SANDWICH	17 CHICKEN NUGGETS & SWEET POTATO FRIES ASSORTED FRUIT & VEGGIES APPLE CRISP MILK CHOICES HAM SALAD ROLL	18 PERSONAL PAN PIZZA W/TOPPINGS, VEGGIES & DIP CAESAR SALAD FRUIT CHOICES MILK CHOICES SUNBUTTER & JELLY SAND.
21 SPAGHETTI WITH MEAT SAUCE, GARLIC ROLL ASSORTED VEGGIES W/DIP FRESH & CANNED FRUITS MILK CHOICES SUNBUTTER & JELLY SAND.	22 TOMATO SOUP W/GOLDFISH, GRILLED CHEESE STEAMED BROCCOLI ASSORTED FRUITS MILK CHOICES CHICKEN SALAD ROLL	23 SOFT-SHELLED TACOS MEXICAN RICE ASSORTED VEGGIES FRUIT CHOICES MILK CHOICES TURKEY & CHEESE SANDWICH	24 BBQ PULLED PORK SUBS COLESLAW FRUIT AND VEGETABLE BAR FRESH FRUITS MILK CHOICES HAM SALAD ROLL	25 GARLIC DIPPING STICKS WITH MARINARA TOSSED GARDEN SALAD FRUIT CHOICES MILK CHOICES SUNBUTTER & JELLY SAND.
28 POPCORN CHICKEN MASHED POTATOES ASSORTED VEGGIES W/DIP ASSORTED FRUITS MILK CHOICES SUNBUTTER & JELLY SAND.	29 ROTINI MAC & CHEESE FISH STICKS ASSORTED VEGGIES ASSORTED FRUITS MILK CHOICES CHICKEN SALAD ROLL	30 CHEESEBURGER SUB TOSSED GARDEN SALAD ASSORTED FRUITS CHOCOLATE CHIP COOKIE MILK CHOICES TURKEY & CHEESE SANDWICH	31 CHICKEN QUESADILLA MEXICAN RICE ROLL, SALAD BAR HALLOWEEN TREAT! MILK CHOICES HAM SALAD ROLL	 SUNBUTTER & JELLY SAND.

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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