






# NOVEMBER 2019 MMS-MHS LUNCH

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				<p><u><b>DELI SANDWICH BAR</b></u>  <u><b>EXPRESS SALADS</b></u>  <u><b>OFFERED DAILY!</b></u></p>				<p><b>1</b> GARLIC DIPPING STICKS WITH RED SAUCE BAKED BEANS, CELERY STICKS BROCCOLI BUDS, FRUIT MILK CHOICES</p>	
<p><b>4</b> CHICKEN NACHOS! MEXICAN RICE, CORN, FRUIT FRUIT AND VEGGIE BAR BLUEBERRY CRISP MILK CHOICES</p>		<p><b>5</b> CORN CHOWDER GRILLED CHEESE SANDWICH RED GRAPES, BROCCOLI FRUIT &amp; VEGGUE BAR MILK CHOICES</p>		<p><b>6</b> TURKEY ITALIANS GARDEN VEGGIE BAR WITH CARROT STICKS ASSORTED FRUIT &amp; VEGGIES MILK CHOICES</p>		<p><b>7</b> PIZZA SLICES BBQ BAKED BEANS GARDEN SALAD, PINEAPPLE FRUIT &amp; VEG. BAR MILK CHOICES</p>		<p><b>8</b> <u><b>NO SCHOOL TODAY!</b></u>  <u><b>TEACHER INSERVICE!</b></u></p>	
<p><b>11</b> <u><b>VETERAN'S DAY!</b></u>  <u><b>NO SCHOOL TODAY!</b></u></p>		<p><b>12</b> <u><b>BRUNCH FOR LUNCH!</b></u> PANCAKES &amp; SAUSAGE SYRUP, APPLESAUCE ASSORTED FRUIT &amp; VEGGIES MILK CHOICES</p>		<p><b>13</b> SOFT SHELLED TACOS RED BEANS &amp; RICE CORN FRUIT &amp; VEGGIE CHOICES MILK CHOICES</p>		<p><b>14</b> PULLED PORK SUBS WITH SWEET POTATO FRIES BROCCOLI, PEACHES FRUIT &amp; VEG. BAR MILK CHOICES</p>		<p><b>15</b> GARLIC DIPPING STICKS WITH DIPPING SAUCE CAESAR SALAD FRUIT &amp; VEG. BAR MILK CHOICES</p>	
<p><b>18</b> CHICKEN BURGERS PICKLED BEETS, BROCCOLI WITH RANCH DIP FRESH &amp; CANNED FRUITS MILK CHOICES</p>		<p><b>19</b> TOMATO SOUP WITH GRILLED CHEESE SANDWICH MANDARIN ORANGES FRUIT &amp; VEGGIE CHOICES MILK CHOICES</p>		<p><b>20</b> THANKSGIVING DINNER WITH ALL THE TRIMMINGS STUFFING, CRANBERRY SALAD BAR, SHERBERT CUPS MILK CHOICES</p>		<p><b>21</b> SPAGHETTI WITH MEAT SAUCE, GARILC ROLL SALAD AND PEAS FRUIT AND VEGGIE BAR MILK CHOICES</p>		<p><b>22</b> BIG DADDY'S PIZZA WITH ASSORTED TOPPINGS BAKED BEANS, CELERY STICKS FRUIT &amp; VEGGIE BAR MILK CHOICES</p>	
<p><b>25</b> SHEPHERD'S PIE WG DINNER ROLL COLESLAW, PICKLED BEETS ASSORTED FRUITS MILK CHOICES</p>		<p><b>26</b> CHICKEN DIPPERS OVER STEAMED RICE WHOLE GRAIN ROLL FRUIT &amp; VEGGIE BAR MILK CHOICES</p>		<p><b>27</b> <u><b>NO SCHOOL!</b></u>  </p>		<p><b>28</b> <u><b>NO SCHOOL!</b></u>  </p>		<p><b>29</b> <u><b>NO SCHOOL!</b></u>  </p>	

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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