






# FEBRUARY 2020 GRADE 6-12 BREAKFAST

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
									
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
<b>3</b>	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	<b>4</b>	YOGURT, FRUIT & GRANOLA PARFAIT FRUIT, JUICE AND MILK CHOICES	<b>5</b>	SCRAMBLED EGGS, HAM, AND TOAST FRUIT, JUICE AND MILK CHOICES	<b>6</b>	CROISSANT SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES	<b>7</b>	WHOLE GRAIN BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
<b>10</b>	WG PANCAKES WITH SYRUP FRUIT, JUICE AND MILK CHOICES	<b>11</b>	WHOLE GRAIN BLUEBERRY MUFFINS FRUIT, JUICE AND MILK CHOICES	<b>12</b>	SCRAMBLED EGGS, HAM, AND TOAST FRUIT, JUICE AND MILK CHOICES	<b>13</b>	WG CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES	<b>14</b>	<b><u>VALENTINES DAY!</u></b> WHOLE GRAIN BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
<b>17</b>	<b><u>NO SCHOOL TODAY!</u></b> <b><u>WINTER VACATION</u></b>	<b>18</b>	<b><u>NO SCHOOL TODAY!</u></b> <b><u>WINTER VACATION</u></b>	<b>19</b>	<b><u>NO SCHOOL TODAY!</u></b> <b><u>WINTER VACATION</u></b>	<b>20</b>	<b><u>NO SCHOOL TODAY!</u></b> <b><u>WINTER VACATION</u></b>	<b>21</b>	<b><u>NO SCHOOL TODAY!</u></b> <b><u>WINTER VACATION</u></b>
									
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
<b>24</b>	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	<b>25</b>	YOGURT, FRUIT & GRANOLA PARFAIT FRUIT, JUICE AND MILK CHOICES	<b>26</b>	SCRAMBLED EGGS, HAM, AND TOAST FRUIT, JUICE AND MILK CHOICES	<b>27</b>	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	<b>28</b>	WHOLE GRAIN BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or [bbonnell@rsu18.org](mailto:bbonnell@rsu18.org)

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