



MARCH 2020 GRADE 6-12 BREAKFAST



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	<u>BUILD YOUR OWN!</u> YOGURT, GRANOLA AND FRUIT PARFAIT BAR! FRUIT, JUICE AND MILK CHOICES	3	SCRAMBLED EGGS, SAUSAGE HOME FRIES & TOAST FRUIT, JUICE AND MILK CHOICES	4	BREAKFAST SANDWICH WITH HAM, EGGS & CHEESE FRUIT, JUICE AND MILK CHOICES	5	CHOCOLATE CHIP PANCAKES! FRUIT, JUICE AND MILK CHOICES	6	ASSORTED WG BAGELS WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
9	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	10	WG MUFFIN FRUIT, JUICE AND MILK CHOICES	11	WAFFLE STICKS WITH MAPLE SYRUP FRUIT, JUICE AND MILK CHOICES	12	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	13	BREAKFAST SANDWICH WITH HAM, EGGS & CHEESE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
16	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	17	<u>ST. PATRICK'S DAY!</u> CHEESE OMELET WITH SAUSAGE LINKS & TOAST FRUIT, JUICE AND MILK CHOICES	18	WG BLUEBERRY MUFFIN FRUIT, JUICE AND MILK CHOICES	19	WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	20 <u>NO SCHOOL TODAY</u> <u>TEACHER INSERVICE DAY!</u> 	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
23	WHOLE GRAIN WAFFLE STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	24	<u>EARLY RELEASE DAY!</u> WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	25	BREAKFAST SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES	26	WG MUFFIN FRUIT, JUICE AND MILK CHOICES	27 FRESH BAKED CINNAMON ROLL WITH GLAZE FRUIT, JUICE AND MILK CHOICES	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
30	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	31	<u>BUILD YOUR OWN!</u> YOGURT, GRANOLA AND FRUIT PARFAIT BAR! FRUIT, JUICE AND MILK CHOICES	 MARCH 2-6 IS NATIONAL SCHOOL BREAKFAST WEEK! COME JOIN US FOR BREAKFAST! 		<u>OFFERED DAILY!</u> <u>YOGURT-FRUIT SMOOTHIES</u> <u>YOGURT- FRUIT PARFIATS</u> <u>GRAB N-GO</u>		CEREAL & TOAST	
CEREAL & TOAST		CEREAL & TOAST							

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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