


AUG-SEPT 2020 MIDDLE & HIGH SCHOOL BREAKFAST

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
31	<u>GR.PRE-K-6 & 9 /K-5 CHINA</u> FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	1	<u>ALL STUDENTS</u> ASSORTED BAGELS WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	2	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	3	CHEESE OMELETTE WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	4	BREAKFAST SANDWICH W/HAM, EGG & CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
7	<u>LABOR DAY!</u> <u>NO SCHOOL TODAY!</u> CEREAL & TOAST	8	BREAKFAST PIZZA WITH BACON, EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	9	SAUSAGE, EGG AND CHEESE BREAKFAST CROISSANT FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	10	CHOCOLATE CHIP PANCAKES WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	11	WG CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
14	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	15	CHEESE OMELETTE WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	16	BREAKFAST PIZZA WITH BACON, EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	17	BREAKFAST SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	18	WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
21	TOASTED ENGLISH MUFFIN WITH JELLY FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	22	<u>EARLY RELEASE DAY!</u> WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	23	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	24	BREAKFAST BOWLS WITH EGGS, CHEESE, BACON FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	25	FRESH BAKED WG MUFFIN FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
28	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	29	HAM, EGG AND CHEESE BREAKFAST CROISSANT FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	30	WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST			<u>HOT & COLD COFFEE</u> <u>YOGURT & FRUIT SMOOTHIES</u> <u>YOGURT PARFAITS</u> <u>GRAB N' GO BREAKFAST</u> <u>OFFERED DAILY!</u> CEREAL & TOAST	

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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