





OCTOBER 2020 MID-HS LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><u>EVERYONE 18 YRS AND UNDER EATS FREE!</u> <u>JOIN US FOR BREAKFAST AND LUNCH!</u></p>		<p>1 CHEESEBURGER SUB TOSSED GARDEN SALAD PINEAPPLE CHUNKS MILK CHOICES</p>	<p>2 PIZZA SLICES WITH ASSORTED TOPPING ASSORTED VEGGIES & DIP ASSORTED APPLES MILK CHOICES</p>
<p>5 SHEPHERD'S PIE WG DINNER ROLL COLESLAW FRESH FRUIT MILK CHOICES</p>	<p>6 CHEESY CHICKEN NACHOS SWEET YELLOW CORN TOSSED GARDEN SALAD MANDARIN ORANGES MILK CHOICES</p>	<p>7 CHICKEN BURGER SLICED CUCUMBERS WITH RANCH DIP FRUIT CUP MILK CHOICES</p>	<p>8 GARLIC DIPPING STICKS WITH RED SAUCE ASSORTED VEGETABLES FRUIT CHOICES MILK CHOICES</p>	<p>9 <u>NO SCHOOL TODAY!</u></p>
<p>12 <u>NO SCHOOL TODAY!</u> <u>HOLIDAY!</u></p>	<p>13 HOT HAM AND CHEESE CROISSANT, CARROT STICKS AND BROCCOLI WITH DIP PINEAPPLE CHUNKS MILK CHOICES</p>	<p>14 BBQ PULLED PORK SUB WITH CHEESE COLESLAW APPLE CRISP MILK CHOICES</p>	<p>15 CHICKEN NUGGETS & SWEET POTATO FRIES DINNER ROLL GREEN BEANS & PEACHES MILK CHOICES</p>	<p>16 PERSONAL PAN PIZZA W/TOPPINGS, VEGGIES & DIP CAESAR SALAD FRUIT CHOICES MILK CHOICES</p>
<p>19 TACO'S WITH LETTUCE & TOMATO MEXICAN RICE, CORN PEARS MILK CHOICES</p>	<p>20 BBQ CHICKEN SUB TOSSED GARDEN SALAD GREEN APPLES MILK CHOICES</p>	<p>21 RODEO BURGERS TATER TOTS STEAMED BROCCOLI MANDARIN ORANGES MILK CHOICES</p>	<p>22 AMERICAN CHOP SUEY GARLIC ROLL GREEN BEANS APPLESAUCE MILK CHOICES</p>	<p>23 GARLIC DIPPING STICKS WITH MARINARA TOSSED GARDEN SALAD FRUIT CHOICES MILK CHOICES</p>
<p>26 POPCORN CHICKEN MASHED POTATOES ASSORTED VEGGIES W/DIP ASSORTED FRUITS MILK CHOICES</p>	<p>26 BRUNCH FOR LUNCH! PANCAKE & SAUSAGE ON A STICK CARROT STICKS, PINEAPPLE MILK CHOICES</p>	<p>28 CORN CHOWDER WITH GRILLED CHEESE VEGGIE STICKS FRUIT CUP MILK CHOICES</p>	<p>29 LASAGNA GARLIC DINNER ROLL TOSSED GARDEN SALAD ORANGE WEDGES MILK CHOICES</p>	<p>30 PIZZA SLICES CAESAR SALAD FRESH FRUIT <u>HALLOWEEN TREAT!</u> MILK CHOICES</p>

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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