

DECEMBER 2020 MID-HS BREAKFAST

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
		1	<u>EARLY RELEASE TODAY!</u>	2			3			
<u>YOGURT FRUIT PARFAITS</u> <u>YOGURT FRUIT SMOOTHIES</u> <u>GRAB N GO</u> <u>OFFERED DAILY</u>		WHOLE GRAIN BAGEL WITH CR. CHEESE FRUIT, JUICE AND MILK CHOICES		CHEESE OMELETTE WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES		BREAKFAST PIZZA WITH BACON, EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES		WG CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES		
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		
7			8			9			10	
WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	SCRAMBLED EGGS, SAUSAGE AND TOAST FRUIT, JUICE AND MILK CHOICES		BREAKFAST SANDWICH HAM, EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES		BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES		BLUEBERRY MUFFIN FRUIT, JUICE AND MILK CHOICES			
CEREAL & TOAST	CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
14			15			16			17	
FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	CHEESE OMELETTE WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES		BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES		YOGURT, FRUIT & GRANOLA PARFAIT FRUIT, JUICE AND MILK CHOICES		ASSORTED BAGELS WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES			
CEREAL & TOAST	CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
21			22			23	<u>NO SCHOOL TODAY!</u>		24	
BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	SCRAMBLED EGGS, SAUSAGE AND TOAST FRUIT, JUICE AND MILK CHOICES									
CEREAL & TOAST	CEREAL & TOAST									
28	<u>NO SCHOOL TODAY!</u>		29	<u>NO SCHOOL TODAY!</u>		30	<u>NO SCHOOL TODAY!</u>		21	
								<u>NO SCHOOL TODAY!</u>		

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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