




FEBRUARY 2021 MID & HS BREAKFAST

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								<u>YOGURT FRUIT PARFAITS</u> <u>YOGURT FRUIT SMOOTHIES</u> <u>GRAB N GO</u> <u>OFFERED DAILY</u>	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
1	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	2	WG CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES	3	YOGURT, FRUIT & GRANOLA PARFAIT FRUIT, JUICE AND MILK CHOICES	4	CROISSANT SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES	5	SCRAMBLED EGGS, HAM, AND TOAST FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
8	BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	9	WHOLE GRAIN BLUEBERRY MUFFINS FRUIT, JUICE AND MILK CHOICES	10	CHOC. CHIP PANCAKES SAUSAGE, SYRUP FRUIT, JUICE AND MILK CHOICES	11	CROISSANT SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES	12 <u>NO SCHOOL TODAY!</u> <u>TEACHER INSERVICE DAY!</u>	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
15	<u>NO SCHOOL TODAY!</u> <u>WINTER VACATION</u>	16	<u>NO SCHOOL TODAY!</u> <u>WINTER VACATION</u>	17	<u>NO SCHOOL TODAY!</u> <u>WINTER VACATION</u>	18	<u>NO SCHOOL TODAY!</u> <u>WINTER VACATION</u>	19 <u>NO SCHOOL TODAY!</u> <u>WINTER VACATION</u>	
									
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
22	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	23	WG CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES	24	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	25	CROISSANT SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES	26 SCRAMBLED EGGS, HAM, AND TOAST FRUIT, JUICE AND MILK CHOICES	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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