



MARCH 2021 MID-HS BREAKFAST



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	YOGURT, GRANOLA AND FRUIT PARFAIT BAR! FRUIT, JUICE AND MILK CHOICES	2	SCRAMBLED EGGS HOME FRIES & TOAST FRUIT, JUICE AND MILK CHOICES	3	BREAKFAST SANDWICH WITH HAM, EGGS & CHEESE FRUIT, JUICE AND MILK CHOICES	4	CHOCOLATE CHIP SHEETPAN PANCAKES! FRUIT, JUICE AND MILK CHOICES	5	ASSORTED WG BAGELS WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
8	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	9	<u>EARLY RELEASE DAY!</u> JUMBO BLUEBERRY MUFFINS FRUIT, JUICE AND MILK CHOICES	10	CHEESE OMELET WITH SAUSAGE LINKS & TOAST FRUIT, JUICE AND MILK CHOICES	11	WAFFLE STICKS W/ STRAWBERRY TOPPING AND WHIPPED CREAM! FRUIT, JUICE AND MILK CHOICES	12	BREAKFAST SANDWICH HAM, EGGS & CHEESE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
15	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	16	CHEESE OMELET WITH SAUSAGE LINKS & TOAST FRUIT, JUICE AND MILK CHOICES	17	<u>ST. PATRICK'S DAY!</u> WG CHOC CHIP MUFFIN FRUIT, JUICE AND MILK CHOICES	18	WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	19	<u>NO SCHOOL TODAY</u> <u>TEACHER INSERVICE DAY!</u> 
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
22	BREAKFAST SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES	23	WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	24	HAM, EGG & CHEESE BREAKFAST BURRITO FRUIT, JUICE AND MILK CHOICES	25	WG APPLESAUCE MUFFIN FRUIT, JUICE AND MILK CHOICES	26	FRESH BAKED CINNAMON ROLL WITH GLAZE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
29	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	30	YOGURT, GRANOLA AND FRUIT PARFAIT BAR! FRUIT, JUICE AND MILK CHOICES	31	WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	SMOOTHIES, PARFAITS & GRAB-N-GO OFFERED DAILY! NATIONAL SCHOOL BREAKFAST WEEK! March 8-12th!			
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST					

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER!