










# APRIL 2021 MID-HS BREAKFAST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST AND LUNCH IS FREE FOR ALL STUDENTS UNTIL THE END OF THE SCHOOL YEAR!</b>		<b>OFFERED DAILY!</b> <b>YOGURT PARFAITS</b> <b>FRUIT, YOGURT, GRANOLAS</b> <b>SMOOTHIES</b> <b>GRAB N'GO</b>	<b>1</b> CHOCOLATE CHIP PANCAKES FRUIT, JUICE AND MILK CHOICES	<b>2</b> BAGEL W/CREAM CHEESE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
<b>5</b> FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	<b>6</b> SCRAMBLED EGGS, SAUSAGE HOME FRIES & TOAST FRUIT, JUICE AND MILK CHOICES	<b>7</b> BREAKFAST SANDWICH WITH HAM, EGGS & CHEESE FRUIT, JUICE AND MILK CHOICES	<b>8</b> CHEESE OMELET WITH SAUSAGE PATTY & TOAST FRUIT, JUICE AND MILK CHOICES	<b>9</b> FRESH BAKED CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
<b>12</b> PANCAKE & SAUSAGE ON A STICK FRUIT, JUICE AND MILK CHOICES	<b>13</b> BREAKFAST BURRITO FRUIT, JUICE AND MILK CHOICES	<b>14</b> <b>REMOTE LEARNING DAY!</b>  <b>MEALS AVAILABLE FOR PICK UP AT YOUR CHILD'S SCHOOL!</b>	<b>15</b> <b>REMOTE LEARNING DAY!</b>  <b>MEALS AVAILABLE FOR PICK UP AT YOUR CHILD'S SCHOOL!</b>	<b>16</b> <b>NO SCHOOL TODAY</b>  
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
<b>19</b> <b>SPRING VACATION</b> 	<b>20</b> <b>SPRING VACATION</b> 	<b>21</b> <b>SPRING VACATION</b> 	<b>22</b> <b>SPRING VACATION</b> 	<b>23</b> <b>SPRING VACATION</b> 
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
<b>26</b> FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	<b>27</b> WG BLUEBERRY MUFFINS FRUIT, JUICE AND MILK CHOICES	<b>28</b> SCRAMBLED EGGS, SAUSAGE HOME FRIES & TOAST FRUIT, JUICE AND MILK CHOICES	<b>29</b> YOGURT, FRUIT AND GRANOLA PARFAITS JUICE MILK CHOICES	<b>30</b> FRESH BAKED CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER!**