



SEPT 2021 MIDDLE & H.S. LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>EXPRESS SALADS DELI SANDWICH BAR OFFERED DAILY!</p>		<p>1 CHEESE PIZZA BAKED BEANS CAESAR SALAD PINEAPPLE CHUNKS MILK CHOICES</p>	<p>2 SOFT-SHELLED TACOS CORN LETTUCE AND TOMATOES MANDARIN ORANGES MILK CHOICES</p>	<p>3 CHICKEN BURGER CUCUMBERS CARROT STICKS & DIP WATERMELON MILK CHOICES</p>
		SUNBUTTER & JELLY SANDWICH	HAM & CHEESE SANDWICH	TURKEY & CHEESE SANDWICH
<p>6 NO SCHOOL TODAY! LABOR DAY</p>	<p>7 SPAGHETTI & MEAT SAUCE GARLIC DINNER ROLL GARDEN TOSSED SALAD PEAS, FRUIT CUP MILK CHOICES</p>	<p>8 CHICKEN QUESADILLA MEXICAN RICE, CORN SALSA & SOUR CREAM ASSORTED FRUITS MILK CHOICES</p>	<p>9 SHEPHERD'S PIE DINNER ROLL COLESLAW FRUIT CUP MILK CHOICES</p>	<p>10 GARLIC DIPPING STICKS WITH MARINARA ASSORTED VEGGIE STICKS-DIP ORANGES, APPLESAUCE MILK CHOICES</p>
	HAM & CHEESE SANDWICH	TUNA SALAD ROLL	TURKEY & CHEESE SANDWICH	SUNBUTTER & JELLY SANDWICH
<p>13 POPCORN CHICKEN & FRIES WG GARLIC ROLL VEGGIES FRESH & CANNED FRUITS MILK CHOICES</p>	<p>14 PANCAKE & SAUSAGE STICK BAKED BEANS VEGGIE STICKS WITH DIP APPLESAUCE MILK CHOICES</p>	<p>15 CHEESEBURGER ON WG ROLL BROCCOLI AND CARROTS CHOCOLATE CHIP COOKIE FRUIT CHOICES MILK CHOICES</p>	<p>16 FISH NUGGETS AND MASHED POTATO, ROLL CAESAR SALAD RED APPLES MILK CHOICES</p>	<p>17 PIZZA SLICES W/TOPPINGS, BAKED BEANS GARDEN SALAD PINEAPPLE CHUNKS MILK CHOICES</p>
TUNA SALAD SANDWICH	HAM & CHEESE SANDWICH	CHICKEN SALAD ROLL	TURKEY & CHEESE SANDWICH	SUNBUTTER & JELLY SANDWICH
<p>20 PULLED PORK SUB BAKED BEANS GARDEN SALAD WATERMELON MILK CHOICES</p>	<p>21 EARLY RELEASE TODAY! HAM & CHEESE LUNCHABLES WITH CRACKERS, CARROTS & DIP APPLES MILK CHOICES</p>	<p>22 MAC & CHEESE FISH STICKS, ROLL BUTTERED CARROTS PEACHES MILK CHOICES</p>	<p>23 CHEESEBURGER SUB SWEET POTATO FRIES CORN FRUIT CUP MILK CHOICES</p>	<p>24 GARLIC DIPPING STICKS WITH MARINARA ASSORTED VEGGIE STICKS-DIP ORANGES, APPLESAUCE MILK CHOICES</p>
TUNA SALAD SANDWICH	HAM & CHEESE SANDWICH	CHICKEN SALAD ROLL	TURKEY & CHEESE SANDWICH	SUNBUTTER & JELLY SANDWICH
<p>27 TERIYAKI CHICKEN STRIPS GARLIC MASHED POTATO WG. ROLL, CUCUMBERS MANDARIN ORANGES MILK CHOICES</p>	<p>28 RODEO BURGER OVEN FRIES ASSORTED VEGGIES W/DIP PINEAPPLE CHUNKS MILK CHOICES</p>	<p>29 BBQ CHICKEN SUB GARDEN TOSSED SALAD PEAS, FRESH FRUITS CANNED PEARS MILK CHOICES</p>	<p>30 TOMATO SOUP WITH GRILLED CHEESE SAND. ASSORTED VEGGIES W/DIP FRUIT CHOICES MILK CHOICES</p>	
TUNA SALAD SANDWICH	HAM & CHEESE SANDWICH	CHICKEN SALAD ROLL	TURKEY & CHEESE SANDWICH	

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER!