

FEBRUARY 2022 MID-HS BREAKFAST

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		1		2		3		4	
<u>YOGURT SMOOTHIES</u> <u>YOGURT & FRUIT PARFAITS</u> <u>GRAB N' GO</u> <u>OFFERED DAILY!</u>		SCRAMBLED EGGS, SAUSAGE AND TOAST FRUIT, JUICE AND MILK CHOICES		WARM CINNAMON ROLL FRUIT, JUICE AND MILK CHOICES		BREAKFAST SANDWICH WITH EGG, HAM & CHEESE FRUIT, JUICE AND MILK CHOICES		YOGURT PARFAITS WITH FRUIT AND GRANOLA FRUIT, JUICE AND MILK CHOICES	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
7		8		9		10		11	
FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES		CHEESE OMELETTE, SAUSAGE AND TOAST FRUIT, JUICE AND MILK CHOICES		CHOCOLATE CHIP SHEETPAN PANCAKES WITH SYRUP FRUIT, JUICE AND MILK CHOICES		YOGURT PARFAITS WITH FRUIT AND GRANOLA FRUIT, JUICE AND MILK CHOICES		WG GLAZED DONUT HOLES FRUIT, JUICE AND MILK CHOICES	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
14		15		16		17		18	
PANCAKES W/STRAWBERRIES AND WHIPPED CREAM FRUIT, JUICE AND MILK CHOICES		YOGURT PARFAITS WITH FRUIT AND GRANOLA FRUIT, JUICE AND MILK CHOICES		BLUEBERRY MUFFIN FRUIT, JUICE AND MILK CHOICES		BREAKFAST PIZZA WITH BACON, EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES		BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
21	<u>NO SCHOOL!</u>	22	<u>NO SCHOOL!</u>	23	<u>NO SCHOOL!</u>	24	<u>NO SCHOOL!</u>	25	<u>NO SCHOOL!</u>
									
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
28									
FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES				CEREAL & TOAST		CEREAL & TOAST			
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST			

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER!