



MARCH 2022 MID-HS BREAKFAST

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	<u>FRUIT/YOGURT SMOOTHIES</u> <u>YOGURT/GRANOLA PARFAIT</u> <u>GRAB N' GO</u> <u>OFFERED DAILY</u>	1	GRIDDLE CAKE & SAUSAGE SANDWICH FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	2	WG SCHOOL MADE CINNAMON ROLL FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	3	BREAKFAST PIZZA WITH SAUSAGE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	4	ASSORTED FLAVORED WG BAGELS WITH CR. CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
7	WG WAFFLE STICKS W/STRAWBERRY WHIPPED CR. FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	8	<u>EARLY RELEASE DAY!</u> BANANA SPLIT YOGURT & FRUIT PARFAIT FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	9	SAUSAGE, EGG AND CHEESE BREAKFAST BAKE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	10	CHOCOLATE CHIP PANCAKES WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	11	SNOWBALL DONUT HOLES WITH FRUIT CUP JUICE MILK CHOICES CEREAL & TOAST
14	ASSORTED FLAVORED WG BAGELS WITH CR. CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	15	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	16	BLUEBERRY WG COFFEE CAKE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	17	BREAKFAST BURRITO WITH HAM & CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	18	<i>NO SCHOOL TODAY</i> <i>TEACHER INSERVICE DAY!</i> CEREAL & TOAST
21	GRIDDLE CAKE & SAUSAGE SANDWICH FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	22	YOGURT PARFAIT WITH FRUIT & BUG BITES FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	23	BREAKFAST PIZZA WITH BACON, EGG & CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	24	WG SCHOOL MADE CINNAMON ROLL FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	25	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
28	FRUIT, YOGURT AND GRANOLA PARFAIT FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	29	BREAKFAST SANDWICH WITH HAM, EGG & CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	30	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	31	WHOLE GRAIN BLUEBERRY MUFFIN FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST		

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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