

# APRIL 2022 MID-HS BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b><u>YOGURT SMOOTHIES</u></b> <b><u>YOGURT &amp; FRUIT PARFAITS</u></b> <b><u>GRAB N' GO</u></b> <b><u>OFFERED DAILY!</u></b>				<b>1</b> BAGEL W/CREAM CHEESE FRUIT, JUICE AND MILK CHOICES  <b>CEREAL &amp; TOAST</b>
<b>4</b> FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES  <b>CEREAL &amp; TOAST</b>	<b>5</b> SCRAMBLED EGGS, SAUSAGE HOME FRIES & TOAST FRUIT, JUICE AND MILK CHOICES  <b>CEREAL &amp; TOAST</b>	<b>6</b> BREAKFAST SANDWICH WITH HAM, EGGS & CHEESE FRUIT, JUICE AND MILK CHOICES  <b>CEREAL &amp; TOAST</b>	<b>7</b> CHEESE OMELET WITH SAUSAGE PATTY & TOAST FRUIT, JUICE AND MILK CHOICES  <b>CEREAL &amp; TOAST</b>	<b>8</b> FRESH BAKED CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES  <b>CEREAL &amp; TOAST</b>
<b>11</b> WAFFLE STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES  <b>CEREAL &amp; TOAST</b>	<b>12</b> YOGURT PARFAITS FRUIT, JUICE AND MILK CHOICES  <b>CEREAL &amp; TOAST</b>	<b>13</b> BREAKFAST SANDWICH WITH HAM, EGG & CHEESE FRUIT, JUICE AND MILK CHOICES  <b>CEREAL &amp; TOAST</b>	<b>14</b> BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES  <b>CEREAL &amp; TOAST</b>	<b>15</b> <b><u>NO SCHOOL TODAY</u></b>   <b>CEREAL &amp; TOAST</b>
<b>18</b> 	<b>19</b> 	<b>20</b> 	<b>21</b> 	<b>22</b> 
<b>25</b> FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES  <b>CEREAL &amp; TOAST</b>	<b>26</b> BLUEBERRY MUFFIN FRUIT, JUICE AND MILK CHOICES  <b>CEREAL &amp; TOAST</b>	<b>27</b> CHOCOLATE CHIP PANCAKES FRUIT, JUICE AND MILK CHOICES  <b>CEREAL &amp; TOAST</b>	<b>28</b> YOGURT PARFAIT FRUIT, JUICE AND MILK CHOICES  <b>CEREAL &amp; TOAST</b>	<b>29</b> BREAKFAST BURRITO WITH EGG, SAUSAGE & CHEESE FRUIT, JUICE AND MILK CHOICES  <b>CEREAL &amp; TOAST</b>

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or [bbonnell@rsu18.org](mailto:bbonnell@rsu18.org)

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