

MAY 2022 MID-HS BREAKFAST

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	PANCAKES & SAUSAGE LINKS W/SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	3	BREAKFAST SANDWICH WITH HAM, EGG & CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	4	CHOCOLATE CHIP PANCAKES WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	5	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	6	CINNAMON ROLL WITH GLAZE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
9	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	10	BLUEBERRY BREAKFAST CAKE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	11	CHEESE OMELET SAUSAGE PATTY & TOAST FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	12	BAGELS WITH CREAM CHEESE OR JELLY FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	13	FRUIT, YOGURT & GRANOLA PARFAIT FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
16	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	17	<u>EARLY RELEASE TODAY</u> DONUT HOLES WITH GLAZE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	18	CROISSANT HAM, EGG & CHEESE BREAKFAST SANDWICH FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	19	WG CINNAMON ROLL WITH GLAZE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	20	SCRAMBLED EGGS, SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
23	BAGEL WITH CREAM CHEESE OR JELLY FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	24	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	25	GRIDDLE CAKE SANDWICH (PANCAKES & SAUSAGE) FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	26	FRUIT, YOGURT & GRANOLA PARFAIT FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	27	PUMPKIN-CHOC CHIP MUFFIN FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
30	<u>NO SCHOOL TODAY!</u> <u>MEMORIAL DAY!</u> CEREAL & TOAST	31	SCRAMBLED EGGS, SAUSAGE AND TOAST FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST			CEREAL & TOAST		<u>YOGURT PARFAITS</u> <u>YOGURT/FRUIT SMOOTHIES</u> <u>GRAB N GO</u> <u>OFFERED DAILY</u> CEREAL & TOAST	

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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