


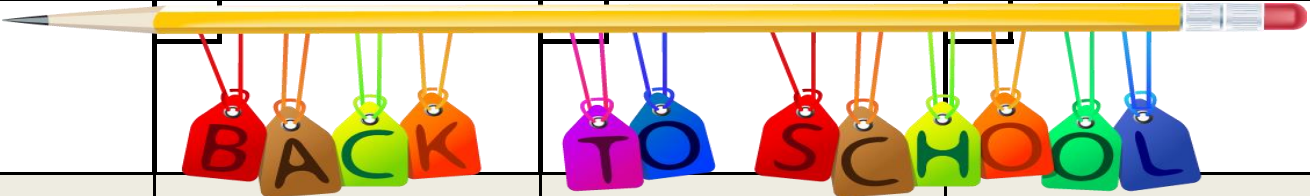


SEPTEMBER 2022 ELEMENTARY BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WELCOME BACK! 		31 <u>GR.PRE-K-6 & 9 /K-5 CHINA</u> WG DONUT HOLES WITH GLAZE FRUIT, JUICE AND MILK CHOICES	1 <u>ALL STUDENTS</u> FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	2 BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
5 <u>NO SCHOOL TODAY!</u> 	6 BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	7 YOGURT PARFAIT WITH FRUIT AND GRANOLA FRUIT, JUICE AND MILK CHOICES	8 CHOCOLATE CHIP PANCAKES WITH SYRUP FRUIT, JUICE AND MILK CHOICES	9 BREAKFAST SANDWICH W/HAM, EGG & CHEESE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
12 WG WAFFLE STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	13 FRESH BAKED WG BLUEBERRY MUFFIN FRUIT, JUICE AND MILK CHOICES	14 BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	15 BREAKFAST BOWLS WITH EGGS, SAUSAGE AND CHEESE FRUIT, JUICE AND MILK CHOICES	16 FRESH BAKED CINNAMON ROLL FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
19 FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	20 <u>EARLY RELEASE DAY!</u> BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	21 BREAKFAST PIZZA WITH BACON, EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES	22 BREAKFAST SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES	23 YOGURT PARFAIT WITH FRUIT AND GRANOLA FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
26 WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	27 SCRAMBLED EGGS, SAUSAGE AND TOAST FRUIT, JUICE AND MILK CHOICES	28 BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	29 WG DONUT HOLES WITH GLAZE FRUIT, JUICE AND MILK CHOICES	30 PUMPKIN CHOC CHIP MUFFIN FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST	CEREAL & TOAST
				BREAKFAST, LUNCH & SNACK MILK PRICE: \$0.50

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER!