



SEPT 2022 CMS LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EXPRESS SALADS DELI SANDWICH BAR A-LA-CARTE CHOICES OFFERED DAILY	WELCOME BACK! 	31 PIZZA SLICES WITH ASSORTED TOPPINGS SALAD BAR WITH ASSORTED VEG & FRUIT. MILK CHOICES PBJ	1 TACO BOATS MEXICAN RICE W.K. CORN FRUIT AND VEGETABLE BAR MILK CHOICES PBJ	2 CHICKENBURGER SALAD BAR WITH ASSORTED FRESH VEGGIES & FRUIT CHOCOLATE PUDDING CUP MILK CHOICES PBJ
5 NO SCHOOL TODAY! 	6 SPAGHETTI WITH MEAT SAUCE, GARLIC ROLL TOSSED GARDEN SALAD FRUIT AND VEGETABLE BAR MILK CHOICES HAM & CHEESE	7 CHICKEN QUESADILLA MEXICAN RICE, BLK BEANS HOT BUTTERED CORN FRUIT AND VEGETABLE BAR MILK CHOICES PBJ	8 SHEPHERD'S PIE WG DINNER ROLL ASSORTED VEGETABLES FRUIT CHOICES MILK CHOICES TURKEY & CHEESE	9 GARLIC DIPPING STICKS WITH MARINARA BAKED BEANS, ASSORTED VEGGIES AND FRUITS MILK CHOICES PBJ
12 HOT DOG IN A BUN FRENCH FRIES, BAKED BEANS ASSORTED VEGGIES W/DIP ASSORTED FRUITS MILK CHOICES PBJ	13 CHEESEBURGER TOSSED GARDEN SALAD STEAMED BROCCOLI ASSORTED FRUITS MILK CHOICES HAM & CHEESE	14 POPCORN CHICKEN & FRENCH FRIES, WG ROLL SALAD BAR WITH ASSORTED FRUITS MILK CHOICES PBJ	15 ROAST PORK & GRAVY MASHED POTATO, WG ROLL SALAD BAR WITH FRUIT CRISP MILK CHOICES TURKEY & CHEESE	16 PIZZA SLICES W/TOPPINGS, BAKED BEANS CAESAR SALAD FRUIT AND VEGETABLE BAR MILK CHOICES PBJ
19 AMERICAN CHOP SUEY WG GARLIC ROLL ASSORTED VEGGIES W/DIP FRESH & CANNED FRUITS MILK CHOICES PBJ	20 EARLY RELEASE TODAY! PULLED PORK SUBS ASSORTED VEGGIES ASSORTED FRUITS MILK CHOICES HAM & CHEESE	21 RODEO BURGER COWBOY BEANS SALAD BAR WITH FRUITS AND VEGGIES MILK CHOICES PBJ	22 PIZZA CASSEROLE WITH GARLIC BREAD CAESAR SALAD FRUIT CHOICES MILK CHOICES TURKEY & CHEESE	23 GARLIC DIPPING STICKS WITH MARINARA TOSSED GARDEN SALAD FRUIT AND VEGETABLE BAR MILK CHOICES PBJ
26 BAKED CHICKEN GARLIC MASHED POTATO WG. ROLL, CUCUMBERS HOT CARROTS, ASST. FRUITS MILK CHOICES PBJ	27 FISH NUGGETS AND SEASONED RICE CARROT STICKS ASSORTED FRUITS MILK CHOICES HAM & CHEESE	28 CHEESEBURGER SUB TOSSED GARDEN SALAD ASSORTED FRUITS CHOCOLATE CHIP COOKIE MILK CHOICES PBJ	29 OPEN FACED HOT TURKEY SANDWICH SALAD BAR WITH FRUIT CHOICES MILK CHOICES TURKEY & CHEESE	30 PIZZA SLICES W/TOPPINGS, BAKED BEANS ASSORTED FRESH VEGGIE ASSORTED FRUITS MILK CHOICES PBJ



QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER!