


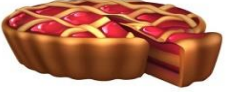



# NOVEMBER 2022 CMS LUNCH

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		<b>1</b>	BAKED CHICKEN AND WHITE RICE, ROLL ASIAN MIXED VEGETABLES MANDARIN ORANGES MILK CHOICES	<b>2</b>	CHICKEN/BROCCOLI ALFREDO! WITH GARLIC TOAST FRUIT CHOICES MILK CHOICES	<b>3</b>	FISH SANDWICH FRIES, GARDEN SALAD PEAS PEACHES MILK CHOICES	<b>4</b>	PIZZA SQUARES WITH ASSORTED TOPPINGS BAKED BEANS, CELERY STICKS BROCCOLI BUDS, FRUIT MILK CHOICES
		CHICKEN SALAD ROLL		PBJ		EGG SALAD ROLL		PBJ	
<b>7</b>	CHICKEN NACHOS! MEXICAN RICE W.K. CORN PINEAPPLE CHUNKS MILK CHOICES	<b>8</b>	TOMATO SOUP GRILLED CHEESE SANDWICH CUCUMBERS WITH DIP RED GRAPES MILK CHOICES	<b>9</b>	THANKSGIVING DINNER WITH ALL THE TRIMMINGS ROLL, STUFFING, CRANBERRY SAUCE, SHERBERT CUPS MILK CHOICES	<b>10</b>	<u><b>NO SCHOOL TODAY!</b></u>  <u><b>TEACHER INSERVICE!</b></u>	<b>11</b>	<u><b>VETERAN'S DAY!</b></u>  <u><b>NO SCHOOL TODAY!</b></u>
PBJ		CHICKEN SALAD ROLL		PBJ					
<b>14</b>	SPAGHETTI WITH MEATBALLS, BREADSTICK GARDEN SALAD MANDARIN ORANGES MILK CHOICES	<b>15</b>	<u><b>BRUNCH FOR LUNCH!</b></u> PANCAKES & SAUSAGE SYRUP, APPLESAUCE GARLIC GREEN BEANS MILK CHOICES	<b>16</b>	WALKING TACOS MEXICAN RICE BUTTERED CORN PINEAPPLE CHUNKS MILK CHOICES	<b>17</b>	CHEESEBURGER SUBS SWEET POTATO FRIES BUTTERED BROCCOLI MELON SLICES MILK CHOICES	<b>18</b>	FLAT BREAD PIZZA CAESAR SALAD HOT BUTTERED CARROTS APPLES MILK CHOICES
PBJ		CHICKEN SALAD ROLL		PBJ		EGG SALAD ROLL		PBJ	
<b>21</b>	CHICKEN BURGERS PICKLED BEETS, BROCCOLI WITH RANCH DIP FRESH & CANNED FRUITS MILK CHOICES	<b>22</b>	HOT HAM, CHEESE & BACON HOAGIES ASSORTED VEGGIES-DIP FRUIT CHOICES MILK CHOICES	<b>23</b>	<u><b>NO SCHOOL!</b></u>  	<b>24</b>	<u><b>NO SCHOOL!</b></u>  	<b>25</b>	<u><b>NO SCHOOL!</b></u>  
PBJ		CHICKEN SALAD ROLL							
<b>28</b>	CHEESEBURGER MAC WG DINNER ROLL COLESLAW ASSORTED FRUITS MILK CHOICES	<b>29</b>	FISH STICKS & SWEET POTATO FRIES WITH VEGGIE STICKS & DIP FRUIT, COOKIE MILK CHOICES	<b>30</b>	2 HOT DOGS IN ROLLS GARDEN SALAD HOT BUTTERED CARROTS PINEAPPLE CHUNKS MILK CHOICES			<u><b>DELI SANDWICH BAR</b></u> <u><b>EXPRESS SALADS</b></u> <u><b>A-LA-CARTE CHOICE</b></u> <u><b>OFFERED DAILY!</b></u>	
PBJ		CHICKEN SALAD ROLL		PBJ					

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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