

NOVEMBER 2022 ELEMENTARY BREAKFAST

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		1	RAINBOW BAGELS WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	2	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	3	DONUT HOLES WITH GLAZE FRUIT, JUICE AND MILK CHOICES	4	BREAKFAST SANDWICH W/HAM, EGG & CHEESE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
7	CINNAMON GLAZED FRENCH TOAST FRUIT, JUICE AND MILK CHOICES	8	WHOLE GRAIN PUMPKIN MUFFINS FRUIT, JUICE AND MILK CHOICES	9	SCRAMBLED EGGS WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES	10	<u>NO SCHOOL TODAY!</u> <u>TEACHER INSERVICE!</u>	11	<u>VETERAN'S DAY!</u> <u>NO SCHOOL TODAY!</u>
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
14	CROISSANT SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES	15	BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	16	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	17	YOGURT, FRUIT & GRANOLA PARFAIT FRUIT, JUICE AND MILK CHOICES	19	WG CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
21	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	22	SCRAMBLED EGGS WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES	23	<u>NO SCHOOL!</u> 	24	<u>NO SCHOOL!</u> 	25	<u>NO SCHOOL!</u> 
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
28	WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	29	SCRAMBLED EGGS, SAUSAGE AND TOAST FRUIT, JUICE AND MILK CHOICES	30	WG CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES				
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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