





NOVEMBER 2022 MID-H.S. LUNCH

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		1	BAKED CHICKEN AND WHITE RICE, ROLL ASIAN MIXED VEGETABLES MANDARIN ORANGES MILK CHOICES	2	CHICKEN/BROCCOLI ALFREDO! WITH GARLIC TOAST FRUIT CHOICES MILK CHOICES	3	FISH SANDWICH FRIES, GARDEN SALAD PEAS PEACHES MILK CHOICES	4	PIZZA SQUARES WITH ASSORTED TOPPINGS BAKED BEANS, CELERY STICKS BROCCOLI BUDS, FRUIT MILK CHOICES
		7	CHICKEN NACHOS! MEXICAN RICE W.K. CORN PINEAPPLE CHUNKS MILK CHOICES	8	TOMATO SOUP GRILLED CHEESE SANDWICH CUCUMBERS WITH DIP RED GRAPES MILK CHOICES	9	THANKSGIVING DINNER WITH ALL THE TRIMMINGS ROLL, STUFFING, CRANBERRY SAUCE, SHERBERT CUPS MILK CHOICES	10	<u>NO SCHOOL TODAY!</u> <u>TEACHER INSERVICE!</u>
		14	SPAGHETTI WITH MEATBALLS, BREADSTICK GARDEN SALAD MANDARIN ORANGES MILK CHOICES	15	<u>BRUNCH FOR LUNCH!</u> PANCAKES & SAUSAGE SYRUP, APPLESAUCE GARLIC GREEN BEANS MILK CHOICES	16	WALKING TACOS MEXICAN RICE BUTTERED CORN PINEAPPLE CHUNKS MILK CHOICES	17	CHEESEBURGER SUBS SWEET POTATO FRIES BUTTERED BROCCOLI MELON SLICES MILK CHOICES
		21	CHICKEN BURGERS PICKLED BEETS, BROCCOLI WITH RANCH DIP FRESH & CANNED FRUITS MILK CHOICES	22	HOT HAM, CHEESE & BACON HOAGIES ASSORTED VEGGIES-DIP FRUIT CHOICES MILK CHOICES	23	<u>NO SCHOOL!</u> 	24	<u>NO SCHOOL!</u> 
		28	CHEESEBURGER MAC WG DINNER ROLL COLESLAW ASSORTED FRUITS MILK CHOICES	29	FISH STICKS & SWEET POTATO FRIES WITH VEGGIE STICKS & DIP FRUIT, COOKIE MILK CHOICES	30	2 HOT DOGS IN ROLLS GARDEN SALAD HOT BUTTERED CARROTS PINEAPPLE CHUNKS MILK CHOICES		
								<u>DELI SANDWICH BAR</u> <u>EXPRESS SALADS</u> <u>A-LA-CARTE CHOICE</u> <u>OFFERED DAILY!</u>	

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER!