

FEBRUARY 2023 MID-HS LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 PULLED PORK SUB SWEET POTATO FRIES COLESLAW PINEAPPLE MILK CHOICES	2 SWEET N' SOUR CHICKEN OVER RICE, DINNER ROLL ORIENTAL MIXED VEG. MANDARIN ORANGES MILK CHOICES	3 PIZZA WITH ASSORTED TOPPINGS VEGGIE STICKS WITH RANCH FRUIT CUPS MILK CHOICES
6 SHEPHERD'S PIE GARLIC TOAST BUTTERED CARROTS PEARS MILK CHOICES	7 BAKED CHICKEN MASHED POTATOES, ROLL BAKED BEANS, COLESLAW PEACHES MILK CHOICES	8 TACO SALAD IN EDIBOWL MEXICAN RICE BUTTERED CORN MANDARIN ORANGES MILK CHOICES	9 CORN CHOWDER GRILLED CHEESE SANDWICH STEAMED BROCCOLI FRUIT MILK CHOICES	10 GARLIC DIPPING STICKS W/SAUCE CUCUMBERS, FRUIT CUP CHOCOLATE PUDDING! MILK CHOICES
13 STEAK & CHEESE QUESADILLA CORN, BAKED BEANS PINEAPPLE MILK CHOICES	14 CHEESEBURGER FRENCH FRIES CAESAR SALAD STRAWBERRY CUPS MILK CHOICES	15 LASAGNA WITH GARLIC BREAD GARDEN SALAD ORANGE WEDGES MILK CHOICES	16 CHICKEN NUGGETS AND FRIES, DINNER ROLL HOT BUTTERED PEAS APPLESAUCE MILK CHOICES	17 PIZZA SLICES ASSORTED VEGGIES/DIP FRESH FRUIT CHOICES CHOCOLATE CHIP COOKIE MILK CHOICES
20 <u>WINTER VACATION!</u> <u>NO SCHOOL TODAY!</u>	21 <u>WINTER VACATION!</u> <u>NO SCHOOL TODAY!</u>	22 <u>WINTER VACATION!</u> <u>NO SCHOOL TODAY!</u>	23 <u>WINTER VACATION!</u> <u>NO SCHOOL TODAY!</u>	24 <u>WINTER VACATION!</u> <u>NO SCHOOL TODAY!</u>
27 BRUNCH FOR LUNCH! FR. TOAST STKS W/SAUSAGE STEAMED BROCCOLI APPLESAUCE CUPS MILK CHOICES	28 MAC & CHEESE WITH TERIYAKI CHICKEN DIPPERS ASSORTED VEGGIES PINEAPPLE TIDBITS MILK CHOICES			<u>DELI SANDWICH BAR</u> <u>EXPRESS SALADS</u> <u>A-LA-CART CHOICES</u> <u>OFFERED DAILY</u>

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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