



# JANUARY 2023 ATWOOD LUNCH



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		<b>3</b>	CHICKEN BURGER CELERY & CARROT STICKS WITH RANCH DIP PEACHES MILK CHOICES	<b>4</b>	ROTINI MAC & CHEESE WITH FISH STICKS DINNER ROLL, CUCUMBERS PINEAPPLE TIDBITS MILK CHOICES	<b>5</b>	MEATBALL SUB WITH CHEESE, BAKED BEANS CORN ON THE COB APPLESAUCE MILK CHOICES	<b>6</b>	PIZZA SQUARES WITH ASSORTED TOPPINGS CUCUMBER SLICES WATERMELON MILK CHOICES
<b>9</b>	SPAGHETTI WITH MEAT SAUCE, GARLIC TOAST BUTTERED PEAS MANADRIN ORANGES MILK CHOICES	<b>10</b>	TERIYAKI CHICKEN RICE PILAF ROLL, CARROTS FRESH FRUIT MILK CHOICES	<b>11</b>	FISHBURGER WITH CHEESE, TARTAR SAUCE GREEN BEANS PINEAPPLE MILK CHOICES	<b>12</b>	CHICKEN CORDON BLEU CASSEROLE, WITH ROLL COLESLAW PEACHES MILK CHOICES	<b>13</b>	PIZZA SLICES BBQ BAKED BEANS STEAMED BROCCOLI ORANGE WEDGES MILK CHOICES
<b>16</b>	<b><u>NO SCHOOL TODAY!</u></b>  <b><u>MARTIN LUTHER KING, JR.</u></b> <b><u>DAY!</u></b>	<b>17</b>	<b><u>NO SCHOOL TODAY!</u></b>  <b><u>TEACHER INSERVICE DAY!</u></b>	<b>18</b>	HOT DOG IN A BUN BBQ BAKED BEAND BEANS COLESLAW APPLES MILK CHOICES	<b>19</b>	HAM/CHEESE CROISSANT COLESLAW CARROT STICKS PEACHES MILK CHOICES	<b>20</b>	PIZZA SLICES WITH ASSORTED TOPPINGS CAESAR SALAD PINEAPPLE MILK CHOICES
<b>23</b>	SHEPHERD'S PIE WITH A DINNER ROLL PEAS & CARROTS PEARS MILK CHOICES	<b>24</b>	TOMATO SOUP GRILLED CHEESE BROCCOLI SALAD GRAPES MILK CHOICES	<b>25</b>	CHEESEBURGER ON A WG ROLL VEGGIE STICKS W-RANCH APPLESAUCE MILK CHOICES	<b>26</b>	BAKED RAVIOLI GARLIC TOAST TOSSED SALAD MANDARIN ORANGES MILK CHOICES	<b>27</b>	BIG DADDY'S PIZZA WITH ASSORTED TOPPINGS BAKED BEANS, BROCCOLI WATERMELON MILK CHOICES
<b>30</b>	RODEO BURGER WITH POTATO WEDGES HOT BUTTERED CORN ORANGE WEDGES MILK CHOICES	<b>31</b>	FISH STICKS GARLIC BUTTER NOODLES, ROLL GARDEN GREEN BEANS PEARS MILK CHOICES						

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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