


JANUARY 2023 MID-HS LUNCH

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		3	CHICKEN BURGER CELERY & CARROT STICKS WITH RANCH DIP PEACHES MILK CHOICES	4	ROTINI MAC & CHEESE CHICKEN NUGGETS DINNER ROLL, CUCUMBERS PINEAPPLE TIDBITS MILK CHOICES	5	MEATBALL SUB WITH CHEESE, BAKED BEANS CORN ON THE COB APPLESAUCE MILK CHOICES	6	PIZZA SQUARES WITH ASSORTED TOPPINGS CUCUMBER SLICES WATERMELON MILK CHOICES
9	SPAGHETTI WITH MEAT SAUCE, GARLIC TOAST BUTTERED PEAS MANADRIN ORANGES MILK CHOICES	10	TERIYAKI CHICKEN MASHED POTATO ROLL, CARROTS FRESH FRUIT MILK CHOICES	11	FISHBURGER WITH CHEESE, TARTAR SAUCE GREEN BEANS PINEAPPLE MILK CHOICES	12	CHICKEN CORDON BLEU CASSEROLE, WITH ROLL COLESLAW PEACHES MILK CHOICES	13	PIZZA SLICES BBQ BAKED BEANS STEAMED BROCCOLI ORANGE WEDGES MILK CHOICES
16	<u>NO SCHOOL TODAY!</u> <u>MARTIN LUTHER KING, JR.</u> <u>DAY!</u>	17	<u>NO SCHOOL TODAY!</u> <u>TEACHER INSERVICE DAY!</u>	18	2 HOT DOGS IN BUNS POTATO WEDGES, BKD BEANS COLESLAW APPLES MILK CHOICES	19	SHEPHERD'S PIE WITH A DINNER ROLL PEAS & CARROTS PEARS MILK CHOICES	20	PIZZA SLICES WITH ASSORTED TOPPINGS CAESAR SALAD PINEAPPLE MILK CHOICES
23	HAM/CHEESE CROISSANT COLESLAW CARROT STICKS PEACHES MILK CHOICES	24	CORN CHOWDER GRILLED CHEESE SANDWICH BROCCOLI SALAD GRAPES MILK CHOICES	25	CHEESEBURGER ON A WG ROLL VEGGIE STICKS W-RANCH APPLESAUCE MILK CHOICES	26	BAKED RAVIOLI GARLIC TOAST TOSSED SALAD MANDARIN ORANGES MILK CHOICES	27	BIG DADDY'S PIZZA WITH ASSORTED TOPPINGS BAKED BEANS, BROCCOLI WATERMELON MILK CHOICES
30	RODEO BURGER WITH POTATO WEDGES HOT BUTTERED CORN ORANGE WEDGES MILK CHOICES	31	CHICKEN/BROCCOLI ALFREDO, GARLIC STICK CAESAR SALAD PEARS MILK CHOICES					<u>EXPRESS SALADS</u> <u>DELI SANDWICH BAR</u> <u>A-LA-CARTE CHOICES</u> <u>OFFERED DAILY!</u>	

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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