





MAY 2023 MID-HS BREAKFAST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	2 STRAWBERRY SMOOTHIES WITH 2 DONUT HOLES FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	3 APPLESAUCE BREAKFAST CAKE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	4 BREAKFAST SANDWICH FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	5 BAGEL W/CREAM CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
8 WAFFLE STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	9 SCRAMBLED EGGS, SAUSAGE HASHBROWNS & TOAST FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	10 FRESH BAKED CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	11 SHEET PAN CHOCOLATE CHIP PANCAKES WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	12 YOGURT PARFAITS WITH FRUIT & GRANOLA FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
15 GRIDDLE CAKE SANDWICH FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	16 <u>EARLY RELEASE TODAY!</u> BAGEL W/CREAM CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	17 BREAKFAST SANDWICH WITH WITH SAUSAGE, EGG & CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	18 YOGURT PARFAITS WITH FRUIT & GRANOLA FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	19 PUMPKIN-CHOC CHIP MUFFINS FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
22 PANCAKE & SAUSAGE ON A STICK WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	23 WG BLUEBERRY MUFFIN FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	24 BREAKFAST SANDWICH WITH HAM, EGG & CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	25 BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	26 YOGURT PARFAITS WITH FRUIT & GRANOLA FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
29 <u>NO SCHOOL TODAY!</u> <u>MEMORIAL DAY!</u>  CER AST CEREAL & TOAST	30 YOGURT PARFAITS WITH FRUIT & GRANOLA FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	31 PANCAKE & SAUSAGE ON A STICK WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	 CEREAL & TOAST	<u>YOGURT PARFAITS</u> <u>YOGURT /FRUIT SMOOTHIES</u> <u>GRAB AND GO</u> <u>OFFERED DAILY</u> CEREAL & TOAST

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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