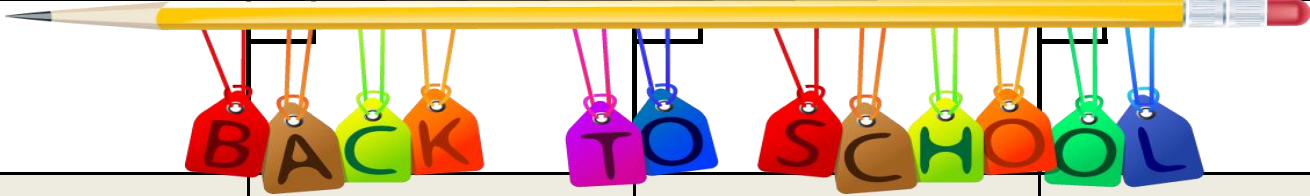


SEPTEMBER 2023 MID-HS BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
YOGURT PARFAITS FRUIT & YOGURT SMOOTHIES GRAB N GO OFFERED DAILY! CEREAL & TOAST	 CEREAL & TOAST	30 <u>GR.PRE-K-6 & 9 /PRE-K-5 CHINA</u> WG DONUT HOLES WITH GLAZE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	31 <u>ALL STUDENTS</u> FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	1 BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
4  CEREAL & TOAST	5 BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	6 YOGURT PARFAIT WITH FRUIT AND GRANOLA FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	7 CHOCOLATE CHIP PANCAKES WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	8 BREAKFAST SANDWICH W/HAM, EGG & CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
11 WG WAFFLE STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	12 FRESH BAKED WG BLUEBERRY MUFFIN FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	13 BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	14 BREAKFAST BOWLS WITH EGGS, SAUSAGE AND CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	15 FRESH BAKED CINNAMON ROLL FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
18 FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	19 <u>EARLY RELEASE DAY!</u> BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	20 BREAKFAST PIZZA WITH BACON, EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	21 BREAKFAST SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	22 YOGURT PARFAIT WITH FRUIT AND GRANOLA FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
25 WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	26 SCRAMBLED EGGS, SAUSAGE AND TOAST FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	27 BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	28 WG DONUT HOLES WITH GLAZE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	29 PUMPKIN CHOC CHIP MUFFIN FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST
				BREAKFAST, LUNCH & SNACK MILK PRICE: 0.5 WHITE .55 CHOCOLATE (LUNCH ONLY)

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER!