SEPTEMBER 2023 MID-HS LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		30 PIZZA SLICES	31 MEATBALL SUBS	1 CHICKENBURGER
DELI SANDWICH BAR		WITH ASSORTED TOPPINGS	WITH CHEESE	VEGGIE STICKS WITH DIP
EXPRESS SALADS		CAESAR SALAD	W.K. CORN	APPLES
A-LA-CARTE CHOICE		WATERMELON SLICES	MANDARIN ORANGES	CHOCOLATE PUDDING W/TOPPING
OFFERED DAILY!		MILK CHOICES	MILK CHOICES	MILK CHOICES
4 <u>NO SCHOOL TODAY!</u>	5 SPAGHETTI WITH	6 2 HOT DOGS IN A BUNS	7 ORANGE CHICKEN OVER	8 GARLIC DIPPING STICKS
	MEAT SAUCE, GARLIC ROLL	TATER TOTS	WHITE RICE	WITH MARINARA
LABUR	TOSSED GARDEN SALAD	BAKED BEANS, CARROT STICKS	MIXED VEGETABLES	ASSORTED VEGGIE STICKS
	APPLESAUCE	PLUMS	PINEAPPLE, FORTUNE COOKIE	ORANGE WEDGES
	MILK CHOICES	MILK CHOICES	MILK CHOICES	MILK CHOICES
11 SHEPHERD'S PIE	12 CHEESEBURGER	13 AMERICAN CHOP SUEY	14 BRUNCH FOR LUNCH	15 PIZZA SLICES
WG DINNER ROLL	ON WHOLE GRAIN ROLL	WG GARLIC ROLL	PANCAKES & SAUSAGE	W/TOPPINGS
GREEN BEANS	STEAMED BROCCOLI,	CAESAR SALAD	BKD BEANS, BROCCOLI BUDS	CARROT & CELERY STICKS/DIP
PEACHES	APPLES	PEARS	FRUIT CRISP	WATERMELON
MILK CHOICES	MILK CHOICES	MILK CHOICES	MILK CHOICES	MILK CHOICES
18 POPCORN CHICKEN &	19 <u>EARLY RELEASE TODAY!</u>	20 RODEO BURGER	21 PIZZA CASSEROLE	22 GARLIC DIPPING STICKS
FRENCH FRIES, WG ROLL	DELI SANDWICH BAR	COWBOY BEANS	WITH GARLIC BREAD	WITH MARINARA
GARDEN SALAD	CARROT STICKS & DIP	CELERY STICKS & DIP	CAESAR SALAD	TOSSED GARDEN SALAD
GREEN APPLES	APPLE	MANDARIN ORANGES	PEARS	FRESH FRUIT
MILK CHOICES	MILK CHOICES	MILK CHOICES	MILK CHOICES	MILK CHOICES
25 TERIYAKI CHICKEN	26 HOAGIES WITH HAM, CHEESE	27 CHEESEBURGER SUB	28 OPEN FACED	29 PIZZA SLICES
GARLIC MASHED POTATO	AND BACON	TOSSED GARDEN SALAD	ROAST PORK & GRAVY-BISCUIT	W/TOPPINGS, BAKED BEANS
WG. ROLL, CUCUMBERS	CARROT STICKS WITH DIP	APPLESAUCE 🔏	STEAMED BUTTERED PEAS	BROCCOLI BUDS/DIP
PINEAPPLE TIDBITS	FRUIT	CHOCOLATE CHIP COOKIE	WATERMELON	FRESH FRUIT
MILK CHOICES	MILK CHOICES	MILK CHOICES	MILK CHOICES	MILK CHOICES
3				MILK PRICE: .50 WHITE .55 CHOCOLATE
QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org				
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