

## OCTOBER 2023 CMS LUNCH

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	BAKED RAVIOLI	3	HAM & CHEESE CROISSANT	4	POPCORN CHICKEN	5	RODEO BURGER WITH	6	NO SCHOOL TODAY!
	GARLIC TOAST		ASSORTED VEGGIES W/DIP		SWEET POTATO FRIES		COWBOY BEANS		TEACHER COMP DAY
	GARDEN TOSSED SALAD		FRESH AND CANNED		CARROTS, CELERY		COLESLAW		
	PEAS, FRUIT CUP		FRUIT CHOICES		MANDARIN ORANGES		WATERMELON		
	MILK CHOICES		MILK CHOICES		MILK CHOICES		MILK CHOICES		
PBJ		TUNA SALAD WRAP		PBJ		SLICED TURKEY & CHEESE SUB		PBJ	
9	NO SCHOOL TODAY!	10	GRILLED CHICKEN SANDWICH	11	BEEF STROGANOFF	12	MEATBALL SUB W/CHEESE	13	BIG DADDY'S PIZZA
	<u>HOLIDAY!</u>	Cl	JCUMBERS & CARROT STICKS		DINNER ROLL		TOSSED GARDEN SALAD		CHEESE OR BACON
			BAKED BEANS	SL	ICED CUCUMBERS WITH DIP		RANCH DRESSING	AS	SORTED VEGGIE STICKS-DIP
			APPLESAUCE		PLUMS		PINEAPPLE TIDBITS		ORANGE WEDGES
			MILK CHOICES		MILK CHOICES		MILK CHOICES		MILK CHOICES
PBJ		TUNA SALAD WRAP		PBJ		SLICED TURKEY & CHEESE SUB		PBJ	
16	CHEESEBURGER SUB	17	FISHBURGER	18	CHEESEBURGER MAC	19	CHICKEN BURGER	20	PIZZA SLICES
	SWEET CORN	WIT	H CHEESE AND TARTAR SAUCE		WITH HOT GARLIC ROLL		SWEET POTATO FRIES	W	//TOPPINGS, BAKED BEANS
	WATERMELON SLICES		GARDEN SALAD		BUTTERED CARROTS		CORN		GARDEN SALAD
	MILK CHOICES		ASSORTED FRUITS		PEACHES		FRUIT CUP		PINEAPPLE CHUNKS
			MILK CHOICES		MILK CHOICES		MILK CHOICES		MILK CHOICES
PBJ		TUNA SALAD WRAP		PBJ		SLICED TURKEY & CHEESE SUB			PBJ
23	ORANGE CHICKEN	24	BRUNCH FOR LUNCH	25	CHICKEN PARM SANDWICH	26	TERIYAKI CHICKEN	27	GARLIC DIPPING STICKS
RIC	CE BOWLS WITH BROCCOLI	P.A	ANCAKES, SAUSAGE W/SYRUP		GARDEN TOSSED SALAD		OVER WHITE RICE		WITH MARINARA
	DINNER ROLL		ASSORTED VEGGIES W/DIP		BAKED BEANS		HOT BUTTERED CARROTS	AS	SORTED VEGGIE STICKS-DIP
	MIXED FRUIT		APPLESAUCE CUPS		CANNED PEARS		PINEAPPLE		MANADRIN ORANGES
MILK CHOICES		MILK CHOICES		MILK CHOICES		MILK CHOICES			MILK CHOICES
	PBJ		TUNA SALAD WRAP		PBJ	SLI	CED TURKEY & CHEESE SUB		PBJ
30	HOT DOG AND FRIES	31	TOMATO SOUP &						
COLESLAW ASSORTED FRUITS		(	GRILLED CHEESE SANDWICH				EXPRESS SALADS		
		١	/EGGIE STICKS WITH RANCH				DELI SANDWICH BAR		
	HALLOWEEN TREAT		FRESH CRISP APPLES				A-LA-CARTE CHOICES	7	714/17
	MILK CHOICES		MILK CHOICES				OFFERED DAILY!		
	PBJ		TUNA SALAD WRAP  MMENTS OR CONCERNS, PLEASE (				CED TURKEY & CHEESE SUB		PBJ

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER!