






OCTOBER 2023 ELEMENTARY BREAKFAST

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2 FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST		3 BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST		4 SAUSAGE , EGG AND CHEESE BREAKFAST CROISSANT FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST		5 CHOC. CHIP SHEET-PAN PANCAKES WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST		6 <u>NO SCHOOL TODAY!</u> <u>TEACHER COMP DAY</u> 	
9 <u>NO SCHOOL TODAY!</u> <u>HOLIDAY</u>  		10 CHEESE OMELETTE WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST		11 YOGURT, FRUIT & GRANOLA PARFAIT FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST		12 BREAKFAST SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST		13 FRESH BAKED MUFFIN CREAM CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	
16 TOASTED ENGLISH MUFFIN WITH JELLY FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST		17 FRESH BAKED MUFFIN WITH BUTTER FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST		18 BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST		19 BREAKFAST BOWLS WITH EGG, CHEESE & BACON FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST		20 WHOLE GRAIN DONUT HOLES WITH ICING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	
23 FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST		24 BREAKFAST PIZZA FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST		25 WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST		26 CINNAMON ROLL W/ICING FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST		27 HAM, EGG AND CHEESE BREAKFAST CROISSANT FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST	
30 YOGURT, FRUIT & GRANOLA PARFAIT FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST		31 WG BLUEBERRY MUFFINS FRUIT, JUICE AND MILK CHOICES CEREAL & TOAST							

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER!