

OCTOBER 2023 ELEMENTARY LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BAKED RAVIOLI	3 HAM & CHEESE CROISSANT	4 POPCORN CHICKEN	5 RODEO BURGER WITH	6 <u>NO SCHOOL TODAY!</u>
GARLIC TOAST	ASSORTED VEGGIES W/DIP	SWEET POTATO FRIES	COWBOY BEANS	TEACHER COMP DAY
GARDEN TOSSED SALAD	FRESH AND CANNED	CARROTS, CELERY	COLESLAW	
PEAS, FRUIT CUP	FRUIT CHOICES	MANDARIN ORANGES	WATERMELON	49
MILK CHOICES	MILK CHOICES	MILK CHOICES	MILK CHOICES	
9 <u>NO SCHOOL TODAY!</u>	10 GRILLED CHICKEN SANDWICH	11 BEEF STROGANOFF	12 MEATBALL SUB W/CHEESE	13 BIG DADDY'S PIZZA
HOLIDAY!	CUCUMBERS & CARROT STICKS	DINNER ROLL	TOSSED GARDEN SALAD	CHEESE OR BACON
	BAKED BEANS	SLICED CUCUMBERS WITH DIP	RANCH DRESSING	ASSORTED VEGGIE STICKS-DIP
	APPLESAUCE	PLUMS	PINEAPPLE TIDBITS	ORANGE WEDGES
	MILK CHOICES	MILK CHOICES	MILK CHOICES	MILK CHOICES
16 CHEESEBURGER SUB	17 FISHBURGER	18 MAC & CHEESE	19 CHICKEN BURGER	20 PIZZA SLICES
SWEET CORN	WITH CHEESE AND TARTAR SAUCE	HOT DOG IN A BUN	SWEET POTATO FRIES	W/TOPPINGS, BAKED BEANS
WATERMELON SLICES	GARDEN SALAD	BUTTERED CARROTS	CORN	GARDEN SALAD
MILK CHOICES	ASSORTED FRUITS	PEACHES	FRUIT CUP	PINEAPPLE CHUNKS
	MILK CHOICES	MILK CHOICES	MILK CHOICES	MILK CHOICES
23 ORANGE CHICKEN	24 BRUNCH FOR LUNCH	25 BBQ PULLED PORK SUB	26 TERIYAKI CHICKEN	27 GARLIC DIPPING STICKS
RICE BOWLS WITH BROCCOLI	PANCAKES, SAUSAGE W/SYRUP	GARDEN TOSSED SALAD	OVER WHITE RICE	WITH MARINARA
DINNER ROLL	ASSORTED VEGGIES W/DIP	BAKED BEANS	HOT BUTTERED CARROTS	ASSORTED VEGGIE STICKS-DIP
MIXED FRUIT	APPLESAUCE CUPS	CANNED PEARS	PINEAPPLE	MANADRIN ORANGES
MILK CHOICES	MILK CHOICES	MILK CHOICES	MILK CHOICES	MILK CHOICES
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30 HOT DOG AND FRIES	31 TOMATO SOUP &			
COLESLAW	GRILLED CHEESE SANDWICH		- ES - ES	
ASSORTED FRUITS	VEGGIE STICKS WITH RANCH			
HALLOWEEN TREAT	FRESH CRISP APPLES		(- (
MILK CHOICES	MILK CHOICES	<u> </u>	1	01
QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org				
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