



# NOVEMBER 2023 CMS LUNCH

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				<b>1</b> SHEPHERD'S PIE FRESH BAKED ROLL GARDEN SALAD WITH RANCH PINEAPPLE CHUNKS MILK CHOICES		<b>2</b> CHICKEN NUGGETS & FRIES, WHOLE GRAIN ROLL COLESLAW PEARS MILK CHOICES		<b>3</b> BIG DADDY'S PIZZA WITH ASSORTED TOPPINGS BAKED BEANS, CELERY STICKS FRUIT CUP MILK CHOICES	
PJB		HAM & CHEESE SANDWICH		PBJ		TURKEY & CHEESE WRAP		PBJ	
<b>6</b> CHICKEN BROCCOLI ALFREDO GARLIC TOAST BLUEBERRY CRISP MILK CHOICES		<b>7</b> CHICKEN BURGERS PICKLED BEETS, BROCCOLI WITH RANCH DIP FRESH & CANNED FRUITS MILK CHOICES		<b>8</b> PERSONAL PAN PIZZA WITH ASSORTED TOPPINGS ASSORTED FRESH VEG MANDARIN ORANGES MILK CHOICES		<b>9</b> <u>TEACHER INSERVICE!</u>  <u>NO SCHOOL TODAY!</u>		<b>10</b> <u>VETERAN'S DAY!</u>  <u>NO SCHOOL TODAY!</u>	
PJB		HAM & CHEESE SANDWICH		PBJ		TURKEY & CHEESE WRAP		PBJ	
<b>13</b> LASAGNA ROLLUPS GARLIC TOAST STEAMED BROCCOLI PINEAPPLE CHUNKS MILK CHOICES		<b>14</b> WALKING TACOS MEXICAN RICE CORN FRUIT & VEGGIE CHOICES MILK CHOICES		<b>15</b> THANKSGIVING DINNER WITH ALL THE TRIMMINGS STUFFING, CRANBERRY SALAD BAR, SHERBERT CUPS MILK CHOICES		<b>16</b> <u>BRUNCH FOR LUNCH!</u> FR. TOAST STICKS, SAUSAGE SYRUP, APPLESAUCE VEGGIE STICKS & DIP MILK CHOICES		<b>17</b> BIG DADDY'S PIZZA WITH ASSORTED TOPPINGS BAKED BEANS, CELERY STICKS FRUIT CUP MILK CHOICES	
PJB		HAM & CHEESE SANDWICH		PBJ		TURKEY & CHEESE WRAP		PBJ	
<b>20</b> CHEESEBURGER OVEN FRIES GARDEN SALAD FRESH & CANNED FRUITS MILK CHOICES		<b>21</b> TOMATO SOUP WITH GRILLED CHEESE SANDWICH MANDARIN ORANGES VEGGIE STICKS & DIP MILK CHOICES		<b>22</b> <u>NO SCHOOL!</u> 		<b>23</b> <u>NO SCHOOL!</u> 		<b>24</b> <u>NO SCHOOL!</u> 	
PJB		HAM & CHEESE SANDWICH		PBJ		TURKEY & CHEESE WRAP		PBJ	
<b>27</b> SPAGHETTI WITH MEAT SAUCE, FRESH ROLL GARLIC GREEN BEANS MANDARIN ORANGES MILK CHOICES		<b>28</b> HAM & CHEESE HOAGIES TOSSED GARDEN SALAD VEGGIE STICKS ASSORTED FRUITS MILK CHOICES		<b>29</b> TERIYAKI CHICKEN GARLIC MASHED POTATO WHOLE GRAIN ROLL FRUIT & VEGGIE CHOICES MILK CHOICES		<b>30</b> ROTINI MAC & CHEESE WITH A HOT DOG BROCCOLI, PEACHES FRUIT & VEG. BAR MILK CHOICES		<u>EXPRESS SALADS</u> <u>DELI SANDWICH BAR</u> <u>A-LA-CARTE CHOICES</u> <u>OFFERED DAILY!</u>	
PJB		HAM & CHEESE SANDWICH		PBJ		TURKEY & CHEESE WRAP		PBJ	

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER!