





NOVEMBER 2023 MID-H.S. LUNCH

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				1	SHEPHERD'S PIE FRESH BAKED ROLL GARDEN SALAD WITH RANCH PINEAPPLE CHUNKS MILK CHOICES	2	CHICKEN NUGGETS & FRIES, WHOLE GRAIN ROLL COLESLAW PEARS MILK CHOICES	3	BIG DADDY'S PIZZA WITH ASSORTED TOPPINGS BAKED BEANS, CELERY STICKS FRUIT CUP MILK CHOICES
6	CHICKEN BROCCOLI ALFREDO GARLIC TOAST BLUEBERRY CRISP MILK CHOICES	7	CHICKEN BURGERS PICKLED BEETS, BROCCOLI WITH RANCH DIP FRESH & CANNED FRUITS MILK CHOICES	8	PERSONAL PAN PIZZA WITH ASSORTED TOPPINGS ASSORTED FRESH VEG MANDARIN ORANGES MILK CHOICES	9	<u>TEACHER INSERVICE!</u> <u>NO SCHOOL TODAY!</u>	10	<u>VETERAN'S DAY!</u> <u>NO SCHOOL TODAY!</u>
13	LASAGNA ROLLUPS GARLIC TOAST STEAMED BROCCOLI PINEAPPLE CHUNKS MILK CHOICES	14	WALKING TACOS MEXICAN RICE CORN FRUIT & VEGGIE CHOICES MILK CHOICES	15	THANKSGIVING DINNER WITH ALL THE TRIMMINGS STUFFING, CRANBERRY SALAD BAR, SHERBERT CUPS MILK CHOICES	16	<u>BRUNCH FOR LUNCH!</u> FR. TOAST STICKS, SAUSAGE SYRUP, APPLESAUCE VEGGIE STICKS & DIP MILK CHOICES	17	BIG DADDY'S PIZZA WITH ASSORTED TOPPINGS BAKED BEANS, CELERY STICKS FRUIT CUP MILK CHOICES
20	CHEESEBURGER OVEN FRIES GARDEN SALAD FRESH & CANNED FRUITS MILK CHOICES	21	TOMATO SOUP WITH GRILLED CHEESE SANDWICH MANDARIN ORANGES VEGGIE STICKS & DIP MILK CHOICES	22	<u>NO SCHOOL!</u> 	23	<u>NO SCHOOL!</u> 	24	<u>NO SCHOOL!</u> 
27	SPAGHETTI WITH MEAT SAUCE, FRESH ROLL GARLIC GREEN BEANS MANDARIN ORANGES MILK CHOICES	28	HAM & CHEESE HOAGIES TOSSED GARDEN SALAD VEGGIE STICKS ASSORTED FRUITS MILK CHOICES	29	TERIYAKI CHICKEN GARLIC MASHED POTATO WHOLE GRAIN ROLL FRUIT & VEGGIE CHOICES MILK CHOICES	30	ROTINI MAC & CHEESE WITH A HOT DOG BROCCOLI, PEACHES FRUIT & VEG. BAR MILK CHOICES		<u>EXPRESS SALADS</u> <u>DELI SANDWICH BAR</u> <u>A-LA-CARTE CHOICES</u> <u>OFFERED DAILY!</u>

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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