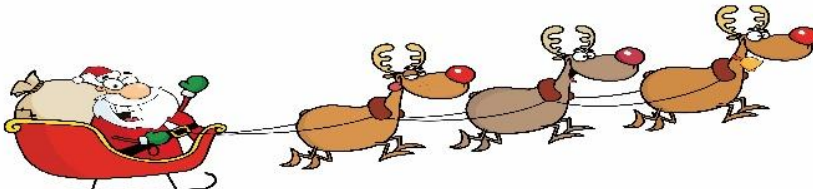



DECEMBER 2023 MID-HS BREAKFAST

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	WG CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
4	WG BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	5	<u>EARLY RELEASE TODAY!</u> WG DONUT HOLES WITH GLAZE FRUIT, JUICE AND MILK CHOICES	6	BREAKFAST SANDWICH HAM, EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES	7	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	8	BLUEBERRY MUFFIN FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
11	FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES	12	CHEESE OMELETTE WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES	13	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	14	BREAKFAST SANDWICH W/HAM, CHEESE & EGG FRUIT, JUICE AND MILK CHOICES	15	ASSORTED BAGELS WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
18	BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	19	CHOC CHIP SCONES FRUIT, JUICE AND MILK CHOICES	20	WHOLE GRAIN BAGEL WITH CR. CHEESE FRUIT, JUICE AND MILK CHOICES	21	CHEESE OMELETTE WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES	22	WG DONUT HOLES WITH GLAZE FRUIT, JUICE AND MILK CHOICES
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
25	<u>NO SCHOOL TODAY!</u>	26	<u>NO SCHOOL TODAY!</u>	27	<u>NO SCHOOL TODAY!</u>	28	<u>NO SCHOOL TODAY!</u>	29	
								YOGURT SMOOTHIES	
								YOGURT & FRUIT PARFAITS	
								GRAB N GO	
								OFFERED DAILY!	

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER!