









FEBRUARY 2024 MID-HS BREAKFAST

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		<u>SMOOTHIES,</u> <u>PARFAITS,</u> <u>GRAB N GO</u> <u>OFFERED DAILY</u>				1 STRAWBERRY SCONES WITH ICING FRUIT, JUICE AND MILK CHOICES		2 BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
5 FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES		6 WG CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES		7 PANCAKE & SAUSAGE ON STICK FRUIT, JUICE AND MILK CHOICES		8 CROISSANT SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES		9 DONUT HOLES WITH GLAZE FRUIT, JUICE AND MILK CHOICES	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
12 BAGEL WITH CREAM CHEESE FRUIT, JUICE AND MILK CHOICES		13 CHEESEY OMLET WITH SAUSAGE & TOAST FRUIT, JUICE AND MILK CHOICES		14 <u>HAPPY VALENTINES DAY</u> STRAWBERRY SHEET-PAN PANCAKES WITH SYRUP FRUIT, JUICE AND MILK CHOICES		15 CROISSANT SANDWICH WITH HAM EGG AND CHEESE FRUIT, JUICE AND MILK CHOICES		16 WHOLE GRAIN BLUEBERRY MUFFINS FRUIT, JUICE AND MILK CHOICES	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
19 <u>NO SCHOOL TODAY!</u> <u>WINTER VACATION</u> 		20 <u>NO SCHOOL TODAY!</u> <u>WINTER VACATION</u> 		21 <u>NO SCHOOL TODAY!</u> <u>WINTER VACATION</u> 		22 <u>NO SCHOOL TODAY!</u> <u>WINTER VACATION</u> 		23 <u>NO SCHOOL TODAY!</u> <u>WINTER VACATION</u> 	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
26 EMOJI WAFFLES WITH SYRUP FRUIT, JUICE AND MILK CHOICES		27 CHEESE OMLET & SAUSAGE TOAST FRUIT, JUICE AND MILK CHOICES		28 BREAKFAST PIZZA WITH SAUSAGE TOPPING FRUIT, JUICE AND MILK CHOICES		29 CHOCOLATE CHIP SCONES WITH ICING FRUIT, JUICE AND MILK CHOICES			
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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