



# APRIL 2026 MID-HS BREAKFAST



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				<b>1</b> FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES		<b>2</b> CHEESE OMELET WITH SAUSAGE PATTY & TOAST FRUIT, JUICE AND MILK CHOICES		<b>3</b> BLUEBERRY MUFFIN FRUIT, JUICE AND MILK CHOICES	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
<b>6</b> BAGEL W/CREAM CHEESE FRUIT, JUICE AND MILK CHOICES	<b>7</b> STRAWBERRY SMOOTHIE 2 EG DONUT HOLES FRUIT, JUICE AND MILK CHOICES			<b>8</b> BREAKFAST SANDWICH WITH HAM, EGG & CHEESE FRUIT, JUICE AND MILK CHOICES		<b>9</b> PANCAKE & SAUSAGE ON A STICK FRUIT, JUICE AND MILK CHOICES		<b>10</b> FRESH BAKED CINNAMON ROLL WITH ICING FRUIT, JUICE AND MILK CHOICES	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
<b>13</b> EMOJI WAFFLES, SYRUP WITH SYRUP FRUIT, JUICE AND MILK CHOICES		<b>14</b> SCRAMBLED EGGS AND SAUSAGE FRUIT, JUICE AND MILK CHOICES		<b>15</b> STRAWBERRY SCONES WITH GLAZE FRUIT, JUICE AND MILK CHOICES		<b>16</b> FRENCH TOAST STICKS WITH SYRUP FRUIT, JUICE AND MILK CHOICES		<b>17</b> <u>NO SCHOOL TODAY</u> 	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	
<b>20</b> 		<b>21</b> 		<b>22</b> 		<b>23</b> 		<b>24</b> 	
<b>27</b> BLUEBERRY SHEET-PAN PANCAKES WITH SYRUP FRUIT, JUICE AND MILK CHOICES		<b>28</b> BREAKFAST BURRITO WITH SALSA FRUIT, JUICE AND MILK CHOICES		<b>29</b> BREAKFAST PIZZA FRUIT, JUICE AND MILK CHOICES		<b>30</b> SCRAMBLED EGGS WITH HAM & TOAST FRUIT, JUICE AND MILK CHOICES		<u>OFFERED DAILY!</u> <u>YOGURT/FRUIT SMOOTHIES</u> <u>YOGURT/FRUIT/GRANOLA</u> <u>PARFAITS</u> <u>GRAB-N-GO</u>	
CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST		CEREAL & TOAST	

QUESTIONS, COMMENTS OR CONCERNS, PLEASE CONTACT BARBARA BONNELL, NUTRITION DIRECTOR-465-7384 or bbonnell@rsu18.org

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