August & September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		26 Hot Dogs Vegetarian Baked Beans Pears	27 Chicken Burrito Bowl Brown Rice Black Beans	28 Pizza Choices Tossed Salad Pineapple Chunks
31 Popcorn Chicken Potato Wedges Fresh Apples	1 Ham Italians Carrot Sticks Mixed Fruit	2 Chicken Alfredo Broccoli Peaches	3 Pulled Pork Sandwiches Sweet Potato Fries	4 Pizza Choices Fresh Veggies Orange Wedges
7 **NO SCHOOL** Labor Day	8 Bosco Sticks Beets Apple Slices	9 American Chop Suey W.G. Garlic Knot Spinach	10 Chicken Burger Sweet Potato Fries Mixed Fruit	11 Pizza Choices Caesar Salad Peaches
14 Shepard's Pie W.G. Dinner Roll Mixed Fruit	15 Brunch for Lunch Spinach EARLY RELEASE	16 Chicken Fried Rice W.G. Egg Roll Peas & Carrots	17 Mac & Cheese Ham Slices Cowboy Beans	18 Pizza Choices Fresh Veggies Apple Slices
21 Chicken Quesadilla Spanish Rice Refried Beans	22 BBQ Chicken Sandwich Vegetarian Baked Beans Pears	23 Spaghetti w/ Meat Sauce W.G. Garlic Knot Peas	24 Hot Ham & Cheese Diced Carrots Orange Wedges	25 Pizza Choices Tossed Salad Plum
28 Oven Fried Chicken Mashed Potato Peaches	29 Walking Tacos Black Beans Rice	30 Cheeseburgers Sweet Potato Fries Apples		

Menus are subject to change without notice. Fruit and choice of milk are offered at all meals. This institution is an equal opportunity provider.
Questions, comments, or concerns, please contact Shawn Forkey, Director of Nutrition, sforkey@rsu18.org, 465-7384